



Weeds spoil Cowbridge

I AM sure we are all enjoying the wonderful flow-ers in Cowbridge town centre this summer and would like to congratulate all the hard work done by volunteers and local businesses.

On the downside are the weeds outside many properties, which I think were removed in

previous years by the local council. This no longer seems to be the case.

It would not take too much effort in most cases, if everyone removed the weeds outside their buildings. Either pull them out or spray weedkiller. I am sure it would make all the difference in our lovely town. How about it?

G.M. Gardner,
Cowbridge.

Thanks after fall

PLEASE can I thank the people who helped my son when he collapsed in Bridgend on Wednesday, July 3?

He collapsed first in Greggs' and then outside the card shop, where he fell on his face.

He was given a chair to sit on, chocolate and

first aid.

A gentleman from Superdrug came and cleaned my son's face; and I also wish to thank the lady who phoned for an ambulance, which I cancelled, but she stayed with me until my son was able to get on the bus.

Thank you all for your help.

Lesley Davies,
Bridgend

Welsh Water's warm weather warning

WELSH Water is reminding people of the dangers of swimming in reservoirs as the school summer holidays begin.

Every year, a small number of people attempt to swim in reservoirs across Wales, putting their lives, and the lives of others, at risk.

The dangers of swimming in reservoirs include: dangerous hidden machinery underneath the water, which can sometimes operate without obvious warning; very cold and deep

water that can cause even strong swimmers to find themselves in difficulty; most reservoirs are in

remote locations, with little or no mobile phone reception, so the chance of rescue is greatly reduced.

Welsh Water's One Last Breath campaign video starkly depicts two teenagers who drown after going into the water at a reservoir on a hot summer's day and the impact that has on their friends and family who are left behind.

The company's Chief Operating Officer, Peter Perry, said: "Reservoirs might seem like a great place to cool off, but they are full of hidden dangers.

Hidden machinery, strong currents and freezing temperatures can pull even the strongest swimmers under the water.

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

Do bandwagons worsen traffic congestion?

I AM writing in support of Mr Hooper's letter, 'Infrastructure incompetence' in last week's GEM.

Barry is becoming an island: cut off from the world by traffic, and as more homes are built in the town this will progressively become worse.

So, instead of pretending to be world leaders and jumping on the 'climate emergency' bandwagon, perhaps our Labour-controlled Vale Council leaders should look to the issues that they can do something about; such as the daily nightmare that is commuting around Barry.

Fed up with the traffic leading

to 'Culver', last week I attempted to let the train take the strain and then complete my commute by cycle, only to be turned away from two trains because they were 'too full for the cycle'. I suspect the same would apply were I in a wheelchair.

Of course these trains would be full, when at peak commuting time the operator decides only to have two carriages, which were crammed full by time they arrived at Cadroxton station. Having tried 'the green option', and now running considerably late, I cycled home and drove to work.

Having now bought a small motorbike with which to commute, I noticed that in March The GEM announced that the Vale will

trial the use of motorbikes using bus lanes, similar to in Cardiff. However, nothing appears to have happened since the article was written four months ago.

Perhaps our illustrious Labour leaders could spare a few minutes from pretending to be world leaders and actually make something happen. Opening the bus lane to Culver for motorbikes would certainly help many commuters, at very little cost while making the commute safer.

If our council leaders want to jump on the climate emergency bandwagon, they need only look out of the Dock Office window for something on which to focus their efforts.

Ade Pitman, Barry.

Take to the hills to beat the black dog



Andy and Monty.

NANTYMOEL resident Andy Caress is calling on local people to take part in a 10km charity trail race with a difference – you run with your dog.

The Beat the Black Dog trail will take place in the Ogmere Valley near Bridgend on Sunday, September 8.

The event is being supported by south

Wales-based Red Kite Trail Events, including marshalling and prizes.

Andy, who will run with his cocker spaniel Monty, is helping organise the event in aid of the mental health charity he works for, the Charlie Waller Memorial Trust.

The trail will see a runner with a black dog, an expression used by Winston Churchill to describe depression, set off prior to the main group.

The main group will then catch the black dog and beat it back across the finish line.

As well as those running with their four-legged friends, the race is also open to individuals running on their own.

Starting from the Ogmere Valley Life Centre, runners head through the village and up into one of the side trails, running through two small streams and heading up into the hills. Running along the hillside towards Nantymoel, the route takes in the views of the villages and surrounding scenery before heading down into Nantymoel itself.

The final stretch follows the old mining railway route, past the rugby pitch before following the river back to the Ogmere Valley Life Centre.

To find out more and register for the event, visit www.redkitetrailevents.co.uk or see information see www.cwmmt.org.uk.

when Andy told us about his idea, we were only too happy to help out. Mental health affects people from every walk of life, it has no boundaries and can affect anyone at any time."

A response on climate change to councillors

MY letter last week seems to have hit a nerve.

What follows is not an attack on Cllr Thomas, but some general observations.

The climate catastrophe is real. The floods and heatwaves of recent years are going to become the new normal. Sadly, that isn't scaremongering; it's fact. I wish it wasn't, for the sake of my grandchildren. Cllr Thomas is right that we can't solve the problem on our own but I would argue that we can't do nothing either. I do think that we can make Llantwit a more resilient place by planting trees – lots of trees.

Our Town Council is run by Llantwit Major First Independents. This group is represented on the Vale Council, forming part of its leadership. Some councillors are members of both Town and Vale Councils. I think it is disingenuous to argue that the Town Council has no influence over the Vale Council.

I would like both councils to be actively looking for ways to plant trees in our town, rather than finding reasons why they cannot be planted. Would it not be possible to save money on the mowing of grass verges (essentially creating ecological deserts) and put the money into tree planting and maintenance? Or the creation of wildflower verges (which are so popular elsewhere)?

Of course it is hard to try new things, but read the comments on the Llantwit Major Hub – for every negative comment about trees, there are a hundred positive ones. A greener Llantwit is what a great many people want. As for the rather personal comment about my standing for election next time, I'd far rather see the next generation have their say. Time for us oldies to make room at the table for those who will be living on our rapidly heating planet.

Liz Hayes, Llantwit Major.

Grateful thanks for kind assistance

I AM 89 and have Parkinson's disease and on July 20, while leaving the Evans Pharmacy in Park Crescent with the aid of a walker, I had a serious fall.

To my good luck, a police vehicle was

parked nearby and some four officers led by a lady Sergeant, came to my assistance, called a paramedic and even did a little shopping for me. I went home in a St John's ambulance. To all involved, especially the police, I give my heartfelt thanks.

Ivor Arnold, Barry.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL AUGUST 1

Date	Time	Height (metres)
25/07/2019	00.16	8.1
25/07/2019	12.36	7.9
26/07/2019	01.09	8.0
26/07/2019	13.38	7.7
27/07/2019	02.13	7.6
27/07/2019	14.52	7.8
28/07/2019	03.26	8.0
28/07/2019	15.59	8.2
29/07/2019	04.37	8.4
29/07/2019	17.08	8.5
30/07/2019	05.36	8.7
30/07/2019	18.04	9.1
31/07/2019	06.33	9.3
31/07/2019	18.54	9.6
01/08/2019	07.24	9.7
01/08/2019	19.44	10.1

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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From Barry to Billericay – in aid of Fraser



Six-year-old Fraser Simmonds.

BILLERICAY car fanatic Matt Everard has set himself a new challenge in his supercharged Tuk Tuk three-wheeler – to travel from Barry Island to Billericay in Essex during October, in aid of six-year-old Fraser Simmonds.

Fraser, who lives in Billericay, suffers from Duchenne muscular dystrophy (DMD). The fundraising event will span three days starting in Barry Island, the home of Stacey from Gavin and Stacey and finishing in Matt's home town of Billericay, the home of Gavin in the hit TV show.

DMD is a rare genetic muscle-wasting condition caused by a lack of the protein called dystrophin which is needed for the repair of muscles. Without it, all the muscles in the body eventually stop working and a ventilator is needed to assist with breathing. Life expectancy is around 30 years and there is no cure.

Matt said: "At the moment, Shelley and Geoff's house in Billericay is unsuitable for Fraser's needs as his bedroom is upstairs – they have to carry him to bed every night and carry him back down

again in the morning. We are doing our road trip to raise funds to build a downstairs bedroom and an easily accessible wet room for him.

"As part of this 250-mile journey in two Tuk Tucs, we are going to organise a large convoy of classic cars, custom cars and unusual cars who will join us along the route." The road trip will include the Simmonds family, mum Shelley, dad Geoff, Fraser and his eight-year-old sister April, along with a host of other people who are keen to support the event.

The estimated cost of the build adaptations are over £80,000 but they will enable Fraser and his family to navigate their home with ease and set them up for his future needs as the condition progresses and he becomes weaker.

An architecture and planning company has already drawn up plans for the Simmonds' home.

To support the road trip, people can donate via the GoFundMe page: www.gofundme.com/fraserandfriends or simply share the trip on social media using #TheBedroomBuild #FraserAndFriends.

TC

Police find drugs worth £180k

POLICE officers had a surprise when they went to a house in Barry to deal with a minor matter, writes AJ Sicluna.

Cardiff Crown Court heard that during a search, they discovered massive quantities of cannabis and amphetamine with a street value of £180,000, said prosecutor Tom Roberts.

Luke Brackley was keeping the drugs on behalf of others and told the officers he received no financial gain.

Brackley (40), of Amroth Court, admitted possessing the drugs with intent and was jailed for eight months, the sentence suspended for a year.

Judge Davie Wynn Morgan told him: "I have to impose a custodial sentence. Those who deal in the business of distributing drugs take advantage of vulnerable individuals to avoid being detected themselves.

Yours is a classic case; you were completely vulnerable and unable to resist those more sophisticated than you."

Mr Roberts said on June 3, police went to Brackley's address on an unrelated matter. There was a search, and they discovered large quantities of amphetamine in a holdall and four packages of cannabis.

AJ SICLUNA



Like the Nazca Lines, but in the Vale of Glamorgan, not Southern Peru.

Giant 'White Ribbon' captured by drone

PUPILS from neighbouring primary schools came together recently to create a human white ribbon, in aid of White Ribbon UK.

Year 5 and 6 pupils dressed in white boiler suits, before heading out to Oak Field's playing field. Teachers were on

hand to help organise the children in the shape of the ribbon, a symbol adopted by over 1,000 causes worldwide.

White Ribbon UK was founded in 2005 and is part of the global movement to end male violence against women.

The process was captured by a drone, which hovered 50 metres above the children.

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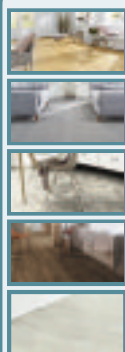


Vale MP's surgeries

MP Alun Cairns will hold a surgery at The Star Inn, Station Road, Dinas Powys CF64 4DE ON Monday, July 29 between 6.30pm – 7.30pm.

There will be another held at The Wenvoe Arms, Old Port Road, Wenvoe CF5 6AN on Wednesday, July 31 between 6.30pm – 7.30pm.

No appointment is necessary and all Vale of Glamorgan constituents are welcome to attend.



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WE ARE HERE



Summer reading challenge

A SUMMER reading challenge takes place at Pontyclun Library, Heol-Y-Felin, CF72 9BE on July 30, August 6 and August 13 from 2.30pm to 3.30pm.

Read six library books during the holidays to complete the challenge and collect rewards along the way. There is no age restriction and the event is free.

Call 01443 237843 for further information, or see Pontyclun library@rctcbc.gov.uk or visit www.pontyclun.net/library.

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Green food on the menu for NFU members

NFU Cymru Glamorgan members recently discussed carbon foot-printing and the impact agriculture has on climate change.

Speaking at the meeting, held at Llantrisant Golf Club, Dr Ceris Jones, NFU climate change adviser explained: "Climate change is the greatest and most compelling challenge facing society today and each and every one of us has a part to play to mitigate the climate threat."

"For farmers, this means tackling the climate challenge head on – adapting the way we produce food to help deliver a greener planet for us all."

Outlining the union's ambitions Dr Jones said: "The British farming industry is pushing itself to become net zero by 2040. This does not need to impact on net farm income, and certainly doesn't mean down-sizing production or exporting our production abroad. Instead we need to implement a range of methods to improve our production efficiency, capture more carbon on farmland and boost our production of bioenergy and land-based renewables. But effective incentives are going to be vital in each of these areas."

Dr Jones went on to explain how British farming is part of the solution, stating: "As both a sink and a source of greenhouse gases, British agriculture is uniquely placed to be a key part of the solution to the climate challenge. Our unique landscape and diverse farming systems enable us to produce food efficiently and sustainably, and we have been very clear in our ambition to build on this further and lead the way in climate-friendly food production."

Gwyn Thomas, NFU Cymru Glamorgan county chair said: "It's fantastic that we as a county have come together to start to discuss this issue. We all have a role to play in contributing towards the industry's net zero aspiration. It's a very ambitious target and in tandem with the industry's commitment, the government must provide effective incentives to help farmers reach this target by 2040."

The chair thanked Dr Ceris Jones for speaking at the meeting and explaining such a complex matter in simple terms recognising "...the wealth of knowledge we have working on our behalf within NFU Cymru is second to none".

Join the beach clean

FRIENDS of Barry Beaches' next beach clean will be on Sunday, July 28 at The Knap, Barry.

Volunteers should meet near the toilet block at 3pm. The litter pick lasts for an hour and equipment will be supplied. The group welcomes volunteers of all ages, but it is requested that children are accompanied by a responsible adult.

NRW to draw up business plan for Dinas Powys flood scheme

A REPRESENTATIVE of Natural Resources Wales (NRW) gave an update on the local flood scheme at the July meeting of Dinas Powys Community Council.

The scheme covers the catchment area of Mill Stream and the River Cadoxton. Gavin Jones explained that the organisation was interested in hearing people's views, while stressing that no course of action had been selected yet from the options available.

Earlier this year, The GEM reported flooding on land between Cardiff Road and Cross Common Road.

Paul Keeping of the 'Save Dinas Powys Woods and Protect Homes from Flooding Action Group' addressed the meeting and appealed to NRW to work with the Woodland Trust, which owns some of the land under consideration, and to explore the feasibility of natural flood management.

Plaid community councillor Chris Franks asked whether the culvert under Barry Road near the new Cross Common housing development was to be upgraded, but was told it would be too expensive.

Cllr Franks said: "This seems to be something that the NRW should seriously reconsider. So far we have not seen any financial breakdown on the various options."

Following the meeting with the community

council, Tim England, the operations manager for NRW, explained that a business case was being devised, but emphasised upgrading Cardiff Road bridge would not solve the flooding problems on its own.

He said: "We are currently considering a number of options to reduce the flood risk in Dinas Powys; these include flood defences through the village, an upstream flood storage area and natural flood management."

"An option can be discounted for a number of reasons, such as it not being technically feasible, being environmentally unacceptable or the cost of the works exceeding the financial benefit of constructing them."

"Upgrading the Cardiff Road bridge would not provide the single solution to the problem of flooding in Dinas Powys. As well as being very costly, other works would also need to be undertaken to reduce the flood risk to an acceptable standard. We talked through these options with residents at recent community council meetings."

"We have listened to their views and also those raised through our previous consultation over the last few years. We are now using this information to decide the best way forward. The next step is for us to produce an outline business case, which we will share with the community to give them a further chance to provide their feedback."

TC

Pupils do their bit for Green Flag Wenvoe

WENVOE is celebrating getting six Community Green Flag awards - more than any other village in Britain.

With five community orchards, two wildflower meadows and watercress beds, along with nature trails and herb and Shakespearean plantings, there is plenty for residents and visitors to see and enjoy.

Pupils from Gwenf Primary School have been helping the group by spreading wildflower seeds and creating habitats for bees, insects and other pollinators.

Local farmers have

also played an important part by making land available for the sites, which are often very close to public footpaths.

Keep Wales Tidy run the Green Flag programme and arrange for independent judges to assess the sites against eight strict criteria, including biodiversity, cleanliness and community involvement.

With one more site planned for 2020 the group hopes to achieve seven awards – one for every day of the week! To find out more about what is going on, follow Wenvoe Wildlife Group on Facebook.

AM supports call for action to protect the environment

ON July 13, Vale AM Jane Hutt met Barry Action for Nature in the Knap Gardens to endorse their call for action to safeguard and protect biodiversity as part of the climate emergency.

Ms Hutt said: "Barry Action for Nature has taken the initiative to protect biodiversity in support of the Nature we have taken for granted for too long. I was pleased to join their members in Birchgrove

Wood earlier this year to place bird boxes on the trees. I am proud to be the species champion for the High Brown Frillillary butterfly, which can be found in the Eweny area of the Vale."

"The Welsh Government has declared a climate emergency and I am happy to respond to their call for action from politicians. I will continue to engage with Barry Action for Nature and local activists to learn from their evidence and experience how government can act effectively to save our planet."

Airport reports increased passenger numbers this year

THE first quarter of 2019/20 has seen 10 per cent passenger growth at Cardiff Airport.

At the end of June, rolling passenger numbers for the last 12 months stood at 1,632,689, a further increase of 8 per cent compared to the same period last year.

The first three months of the 2019/20 financial year saw further developments at Cardiff Airport. Deb Bowen Rees,

CEO of Cardiff Airport said: "It's great to look back over our quarterly results and to see steady passenger growth, during what is a challenging time for the aviation industry, and to continue to work towards our long-term vision to deliver a sustainable airport business for Wales."

"Our airline partners have added new routes and continue to add more capacity where there is growing demand."

Cheque for Sandville Centre



Presentation of a £1,000 cheque by president Tony Gates (left) of Bridgend Lions Club to Gwyneth Poacher (centre), with volunteers in the sunny garden of Sandville Court.

'Foul smell' on Paget Road reported

WELSH Water investigated the source of a foul smell on Paget Road, Barry Island after a complaint that it would deter tourism.

GEM reader Les Deacon said he had noticed the smell for a long period of time and was concerned it would put people off visiting the Island. Last week, Welsh Water confirmed it first looked into the issue in June.

Mr Deacon told The GEM: "I visit Barry Island frequently with my dog. For many months, my experiences of this wonderful local amenity have been marred by an unmistakable stink emanating from the drains on Paget Road just in front of many food outlets."

"When I queue up to get a burger, this disgusting smell suddenly wafts up and completely spoils my experience of what should be an enjoyable day out."

Mr Deacon said that during a recent visit to the Island a group of visitors "held their noses" and one woman said she wouldn't return because of the bad smell.

Mr Deacon said it was time to "get the drainbusters down there, clean it up and keep our tourists".

The GEM approached Welsh Water and a spokeswoman said: "Following reports of odour in Paget Road, Barry Island in June, we sent a crew to investigate the complaint and determine whether this was related to our sewer network. This investigation concluded that the odour relates to a drainage issue for surface water which doesn't fall under Welsh Water's responsibility. We received another report of odour from the same location and arranged for a crew to attend the address again on July 18. They confirmed this is still the case and the customer has been updated."

GORCHYMYN CYNGOR BRO MORGANNWG (GLAMORGAN STREET (RHAN) Y BARRI) (CAU FFORDD) (DROS DRO) 2019

- Ar 25 Gorffennaf 2019, gwnaeth Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoli Traffig Ffyrdd 1984 Orchymyn a fydd yn gwneud yr hyn a disgrifir yn yr atodleni isod:
- Adwaenir y Gorchymyn fel "Gorchymyn Cyngor Bro Morgannwg (Glamorgan Street (Rhan) Y Barri) (Cau Ffordd) (Dros Dro)" 2019 a daw i rym ar 5 Awst 2019.

ATODLEN 1

Ni fydd unrhyw berson yn gyrru neu'n gadael i gerbyd deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad: Y ffordd i'w chau yw Glamorgan Street, y Barri o'r gyffordd â Victoria Road i'r gyffordd â Salisbury Road
Rheswm: I ganiatáu Dŵr Cymru i wneud gwaith ar y brif garthffos.
Hyd: O 7.00am ddydd Llun 5 Awst 2019 i 6.00pm ddydd Llun 23 Medi 2019
Llwybr Arall: Bydd gwyradau lleol ag arwyddion ar waith.
DS: Bydd mynediad i gerddwyr yn parhau bob amser.



Dyddiedig 25 Gorffennaf 2019.
 Cyfarwyddwr yr Amgylchedd a Thai
 Cyngor Bro Morgannwg, Yr Alpau, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (GLAMORGAN STREET (PART) BARRY) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

- On 25th July 2019 the Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 made an Order the general effect of which is as described in the schedules below:
- The Order will be known as "The Vale of Glamorgan Council (Glamorgan Street (Part) Barry) (Road Closure) (Temporary) Order" 2019 and will come into force on 5th August 2019.

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location: The road to be closed is Glamorgan Street Barry from its junction with Victoria Road to its junction with Salisbury Road
Reason: To allow for Welsh Water main sewer works to be undertaken.
Duration: From 7.00am on Monday 5th August 2019 until 6.00pm on Monday 23rd September 2019.
Alt. Route: Local signed diversions will be in place.
NB: Pedestrian access will remain in place at all times.

Dated this 25th day of July 2019
 Director of Environment & Housing
 Vale of Glamorgan Council, The Alps, Wenvoe. CF5 6AA.



Are you interested in the Catholic Church?



Information sessions at
 St. Helen's Parish in Barry
 Begin in September. Free of charge.
 Telephone 01446 735051 for information.

Vale charity says a fond farewell to co-founder – after 18 years of service

THE charity ValePlus is bidding a fond farewell to its co-founder and chief executive officer Steve Thomas after almost 18 years of service.

Mr Thomas from Dinas Powys was working in Maes y Dyfan as a special educational needs teacher along with his colleague Melanie Carter when they decided to form ValePlus in response to a lack of opportunities after students left full time education. Their vision and determination enabled ValePlus to grow successfully from humble beginnings to the dynamic charity it is today.

It now provides lifelong learning and leisure opportunities for more than 80 individuals with additional learning needs

across the Vale, Cardiff and surrounding areas.

In addition to the main centre at 118A High Street, Barry, Mr Thomas has worked to set up other projects that offer employment training through Café No 5 and a charity shop, Nova, both well-established sites at High Street in Barry.

He also supervised the expansion of a rural outreach centre in Llantwit Major.

A spokeswoman for the charity said: "The staff, service users and their families would like to express their heartfelt thanks for the tremendous job Steve has done over the years and would like to wish him all the best for his forthcoming retirement on August 2."

Angharad Pritchard, the service manager in Llantwit Major said: "He has a genuine love

for what he does and it's clear to see how his face light ups when one of the service users had a piece of work to show him, or an achievement they wanted to tell him about. He was never too busy to take time out of his hectic work schedule to have a chat with the staff members."

Linda Jones, the mother of a service user, thanked Mr Thomas for helping her son so much: "Nicholas was lucky to start at ValePlus when it first opened. There was a definite gap after school and college for our special needs students."

"Steve and Mel had the foresight to see what was lacking and they more than filled that void. I can't thank him enough for taking such good care of my son."

Ela Gamgee, the director of a local drama group added: "Steve has given

us huge support and as a member of staff who also works for ValePlus, his guidance and influence when setting up High Voltage drama group has been brilliant. All our members would like to wish him all the best in his retirement."

Mr Thomas co-funded raised over £400,000 towards the running of ValePlus. All funding goes directly back into the charity to benefit its members.

In honour of his outstanding contribution ValePlus is holding a ticketed gala dinner event on Saturday, August 3 at Wenvoe Castle Golf Club. If you have worked alongside Mr Thomas and would like more information about obtaining a ticket, call Hooda Griffiths or Sarah Johnson on (01446) 746691.

TC

Albert Primary pupils can't wait to be king



Albert Primary School perform *The Lion King Jr* on the big stage.

ON July 15-16 the junior children at Albert Primary School performed Disney's *The Lion King Jr* in front of two sell-out crowds in Stanwell School's auditorium.

Before the show had even started the audience were wowed by being shown a good luck film message from actual cast members of *The Lion King* show from the Lyceum Theatre in London!

The Lion King Jr was directed by Mrs Haldenby and Mr Thomas, who kept the production going

through hard times when it was just a Shadowland.

As a school, we are proud of all the children who took part in *The Lion King Jr*.

It was a mixture of an irresistible story, fantastic costumes and unforgettable songs.

A huge thank you to all the staff, parents, PTA and community for their support in making this year's performance such a success.

Written by Albert Primary School media monitors.

'The Bridge Between' secures £250k Welsh Government grant

BARRY Uniting Church have secured a £250,000 grant from the Welsh Government towards their new Waterfront Centre combining community, health and wellbeing activities with a community café and worship area.

Vale AM Jane Hutt visited the church to celebrate the news with the congregation who set up a temporary church building in the Waterfront from their two churches (United Reform and Methodist) and started fundraising to

campaign to build a new church and community centre.

Ms Hutt said: "I have been supporting the Barry Uniting Church since they moved to the temporary building next to the medical practice. They organise a wide range of activities which will expand when they build their new community church and will be called 'The Bridge Between'. It will serve the growing Waterfront community with a community café and activities, as well as a worship area. I am delighted they have been awarded a £250,000 from the Welsh Government Community Facility Programme".

Advice at Age Connects Senior Health Shop

Tax advice

ARE you worried about your tax affairs?

Age Connects Cardiff & Vale Senior Health Shop run a free monthly tax advice surgery for anyone over the age of 50.

A session will be held on Monday, July 29 from 9.30am - 11.30am; no appointment is needed. Call 01446 732385 for further information. Home visits can be arranged if needed.

Welfare advice

IF you live in the Vale and need some advice on benefits such as Pension Credit, Attendance Allowance, Housing Benefit or Disability Living Allowance, Age Connects Cardiff and Vale run a free welfare rights service to help you.

An adviser can advise and help with form filling on Tuesday, July

30 between 9.30am and 11.30am at Age Connects Senior Health Shop, 38 Holton Road, Barry. No appointment is needed; call 01446 732385 for further information; home visits can be arranged.

Stroke Club

AGE Connects Cardiff and Vale are running a monthly drop-in stroke club at the Senior Health Shop, 38 Holton Road, Barry.

Get info with services in the Vale to help you cope with the aftermath of having a stroke, and chat to others over a cuppa. There is a meeting on Thursday, August 1 from 10am to 12pm. Call 01446 732385 for further information.

GVS introduces 'CF 61'

GLAMORGAN the venue is now Voluntary Services called 'CF61'. (GVS) has refurbished Llantwit Major Youth Centre, Station Road, CF61 1ST, as a community resource and

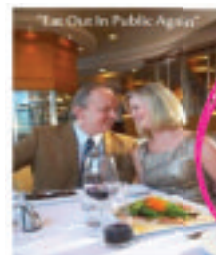
conferences; fitness and wellbeing classes as well as many other community activities and functions. Visit www.CF61.wales, or Glamorgan Voluntary Services (GVS): 01446 741706, e-mail: enquiries@gvs.wales.

The building is fully accessible, warm, clean and welcoming and can be used for children's parties and activities; meetings and

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Advance Dental Care is a mixed dental practice. * says Rob Evans, Newport

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Remembering 'amazing' Jeanette

A TOTAL of £2,200 has been raised for the family of Jeanette Macdonald who died in a fatal traffic collision near Fommon on July 3.

The target figure is £5,000. Mike Heffernan, who has started an 'In Loving Memory of Jeanette' page on Facebook, said: "Tragically, Jeanette was killed in a recent car accident and we are raising funds to ease the burden of Jeanette's loss. All donations will go directly to provide support to Jeanette's amazing children as well as funeral expenses. Jeanette was

a loving mother, sister, daughter and auntie. "She was a lovely woman, truly amazing inside and out. She always put everyone else's needs before her own and she was a huge part of the Barry Island community with her continuous help at Barry Island School and with 'Starship' at St John Methodist Church. "She was kind, thoughtful and an inspiring figure. We want to make sure that we pull together as a community to help her children in this very distressing situation."

Donations can be made via the Facebook page.

Book talk by author has an Indian flavour

AUTHOR 1.

Vaseem Khan, writer of the Baby Ganesh Agency series of detective novels set in Mumbai, India, will be in Penarth to talk about his books at All Saints Church on Thursday, August

In the latest instalment, *Bad Day at the Future Club*, Inspector Chopra and his elephant sidekick investigate the death of one of Mumbai's wealthiest citizens, a murder with ramifications for its poorest.

The series will appeal to fans of Alexander

McCall Smith's *No.1 Ladies Detective Agency* and similar crime fiction.

A light Indian-style lunch will be provided by local café Willmore's 1938, with doors open at 12.30pm for a 1pm start.

For more information, contact Griffin Books on 02920 706455.

Vale AM calls for more to be done for transport infrastructure



"More needs to be done to get off the road," said Jane Hutt (pictured with Ken Skates) at the Aston Martin plant in St Athan.

ON July 15, Vale AM Jane Hutt met Ken Skates AM, Minister for Economy and Transport at the Welsh Government St Athan Business Park for an update on progress and plans.

Viewing the Aston Martin manufacturing plant due to open later this year, she stressed

the need for close consultation with the local county, town and community councils as well as interest groups such as the Eglwys Brewis Church.

She also emphasised the need for more frequent Vale Rail line services from Barry to Bridgend to be brought forward to meet the needs of local people, the business park, Aston Martin and help take more cars off the road.

Does 'Splash Park' idea hold water?

THE former chairman of Pride in Barry has started a campaign to bring a splash park to the Knap.

Paul Haley, who also served on Barry Regeneration Board, said a Facebook page floating the idea had sparked overwhelming interest, garnering more than 1,000 followers and receiving 20,000 views.

He said: "I thought how great it would be to walk to a splash park at The Knap."

"Generations used to do this, so why shouldn't we aspire to put something in place for today's and future generations?"

"The Knap Lido holds a special place in the hearts of Barrians of a certain age."

"It is long gone, leaving a grassed area with no name and no purpose. This is not about bringing back the Lido."

"It would give real purpose to the site, as well as a nod to the past if a splash park was created at the Knap."

"Imagine if the park had an eco-theme to inspire and educate youngsters about the coastal ecology on their doorstep?"

"Imagine if it could have an element of solar and wind energy to drive it?"

"If we can imagine

and dream, we can create a vision, engage with stakeholders, design a very fitting and sympathetic scheme – and deliver."

Barry already has one splash park at Pencoedre Park which cost £200,000 a number of years ago.

Mr Haley added: "It was funded by the Barry Regeneration Board of which I was a member. Wales' largest town by population, which is a linear coastal strip, is big enough for several splash parks."

He hopes to have discussions with stakeholders in the coming weeks and afterwards, hold a public meeting.

Public art could see share of £3.5m Section 106 payments

A TOTAL of £3,538,708 was secured for facilities in the Vale through legal agreements associated with planning permissions in 2018/19.

In the 12 months between April 1, 2018 and March 31, 2019 a total of 26 Section 106 agreements were negotiated with developers by the Council's planning team.

This money will now be used to provide or enhance facilities near to large developments, such as new schools, parks and open spaces, transport

infrastructure, and public art.

In addition to being used to pay for local facilities and infrastructure, Section 106 money is used to help fund schemes through the council's innovative Strong Communities Grant Fund.

The fund provides a platform for community groups, the voluntary sector, and town and community councils to deliver their own projects.

For example, new fencing for Llantwit Major tennis club, and specialist bicycles for the Vale Adaptive Cycling Club were all paid for by S106 funding.

Paralympian lets the train take the strain

ONE of Wales' top Paralympian athletes has teamed up with Transport for Wales to show how accessible the railway is.

In a video being launched as part of Disability Awareness Day, Nathan Stephens shows how to plan your

journey, book assistance, negotiate a station environment and travel safely on board; Nathan boards a train at Bridgend and travels down to Swansea.

"The process was really good and I was very impressed," said Nathan, 31, from Bridgend.

EMPLOYABILITY ROADSHOW

CONTACT: ANNETTE HARRISON | 07725 705735

EUROPEAN UNION
European Regional Development Fund
Erddeddi Eiddorfaol Ewrop
European Social Fund

Date	Time	Location
Wednesday 31 st July	10:00-12:00pm 1:30-3:30pm	St Athan Community Centre
Wednesday 7 th August	10:00-12:00pm 1:30-3:30pm	St Athan Gathering Place
Wednesday 14 th August	10:00-12:00pm 1:30-3:30pm	Llantwit Major Train Station
Wednesday 21 st August	10:00-12:00pm 1:30-3:30pm	Cowbridge Town Square
		Wick Sports Pavilion
		Colewinston Primary School
		Ogmore-by-Sea (Follow Signs)
		St Brides Major (Follow Signs)

CYFLOGADWYEDD SIOE DEITHIOL

CYWILTE ANNETTE HARRISON | 07725 705735

EUROPEAN UNION
European Regional Development Fund
Erddeddi Eiddorfaol Ewrop
European Social Fund

Dyddiad	Amser	Lleoliad
Dydd Mercher 31 Gorffennaf	10:00-12:00pm 1:30-3:30pm	Cenolfan Gymuned Sain Tathan
Dydd Mercher 7 Awst	10:00-12:00pm 1:30-3:30pm	Man Ymgynnuill Sain Tathan
Dydd Mercher 14 Awst	10:00-12:00pm 1:30-3:30pm	Gorsaf Drenau Llanilltud Fawr
Dydd Mercher 21 Awst	10:00-12:00pm 1:30-3:30pm	Sgwâr y Dref yn y Bont-faen
		Pafiliwn Chwaraeon y Wig
		Ysgol Gynradd Tregolwyn
		Aberogwr (Dilymwrch Arwyddion)
		Saint-y-brid (Dilymwrch Arwyddion)

Dinas Powys charity helps more than 1,700 residents in a year

THE director of the Community Transport Association in Wales, Christine Boston, was the guest speaker at Dinas Powys Voluntary Concern AGM.

The elected officers were John Fanshaw, chair, Chris Franks vice chair and David Thomas, treasurer. A new trustee was elected, Wendy Bourton.

In addition, Keith Hatton, Chris Bee, Brian West, Pam Gay and Colin Turner were elected as trustees.

Christine Boston congratulated the charity for the work it undertakes in the community. She said community transport is about providing flexible and accessible community-led solutions in response to local transport needs, and often represents the only means of transport for vulnerable and isolated people.

As community transport is always run for a social purpose and never for profit, it is often the most reliable and resilient way of

ensuring the broadest range of transport needs can be met. Jane Hutt AM outlined how the Welsh Government Integrated Care Fund, the main source of income for DPVC's Befriending and Wellbeing Service, has proved to be of such great value to those in the community with health issues.

John Fanshaw added that it had been a very eventful year with the arrival of the new minibus and the development of DPVC's various services. DPVC's dedicated health centre transport vehicle has travelled 3,076 miles in Dinas Powys serving 1,720 people. The minibus helped groups such as St Mary's Church, Wednesday Afternoon Club and RVS Friday Lunch Club.

The DPVC services continue to grow, with three supermarket runs a week plus a monthly trip to Marks and Spencer.

CF

New £2 million veterinary hospital opens in Cardiff



VALLEY Vets have opened a new veterinary hospital in Cardiff equipped with the latest state-of-the-art facilities for pet care.

At a cost of £2 million, Valley Veterinary Hospital is the most high-tech facility of its kind in Wales.

The hospital has ten consulting rooms, six operating theatres, a hydrotherapy unit, a physiotherapy service, dental suite, CT scanner, ultrasound, diagnostic endoscopy, keyhole surgery, two x-ray suites and a rabbit and exotic pet clinic.

Valley Veterinary Hospital is situated in Gwaclod y Garth close to the A470 to allow rapid and easy access to all referred clients and emergencies.

Valley Veterinary Hospital was officially opened by The Lord Mayor of Cardiff, Cllr

Daniel De'Ath at an open day where visitors had the chance to see how an empty warehouse had been transformed into a two-storey veterinary hospital, providing 24-hour care, seven days a week.

Pet owners from across Cardiff and the Valleys, the Vale and Newport, as well as further afield, will be able to use the Valley Veterinary Hospital.

Valley Vets is part of UK veterinary group, VetPartners, which is funding the project. The project has been overseen by Mark Evans, VetPartners Business Development Director for South Wales.

Mr Evans said: "The idea for Valley Veterinary Hospital was first conceived at the start of 2018 with work starting on site six months ago.

"We are immensely proud of what has been achieved and it has only been possible through

the sheer dedication and hard work of the whole project team.

"Many of the veterinary facilities here are unrivalled across Wales and it is a superb place for our team to work in. Our aim is now to use this facility to provide the best possible care for pets in Wales."

Valley Veterinary Hospital has a dedicated cat clinic, which will soon include a radioiodine treatment centre for thyroid disease – the first in Wales.

The hospital is home to the first CT scanner and first in-house physiotherapist for cats and dogs in Wales. Valley Veterinary Hospital will be taking referrals in medicine and surgery – for dogs, cats, rabbits and exotic pets – from other veterinary practices.

Founder and CEO of VetPartners, Jo Malone, said: "Valley Veterinary Hospital is a landmark achievement for Valley

Vets and for VetPartners. By bringing together such a wide range of veterinary services and facilities under one roof we believe it will dramatically improve the offer of care to pets in Wales.

"When Valley Vets joined VetPartners in 2017 we were delighted to have such a respected name practice join our group and the team's work, care and efforts across its practices since then have gone on to exceed any expectations.

"Investing in our practices and people is central to VetPartners and we know the many benefits to having a veterinary hospital such as this in Wales will bring, not least for the team members who can continue to develop their skills and expertise working in a state-of-the-art, modern environment."

Valley Vets joined VetPartners in 2017, a year after joining forces with the Veterinary Emergency Treatment Service (VETS). The practice has four existing sites in Cardiff, Strada Mynach, Caerphilly and Penttyrch.

Valley Veterinary Hospital site opens this week and will be fully operational in August 2019.

For further information, call Valley Vets on 02920 529444.

Craft cider comes to Llanblethian



A COWBRIDGE and Llanblethian cider maker has started producing modern craft ciders and perries.

Llanblethian Orchards has started producing modern 100 per cent whole juice craft ciders and perries in carbonated 'keg' format to support the burgeoning craft movement.

The craft movement was founded in America and is a push by small independent producers to take on the established multinational brewers by producing flavourful drinks made with higher quality ingredients to create a superior product.

Alex Simmens, owner of Llanblethian Orchards, said: "The craft movement provides the perfect opportunity for Welsh cider makers to widen the appeal of their products. We have some terrific makers and cider apple varieties in

Wales that deserve to be known further afield.

"It's been a lot of trial and error, but we've now got a range of craft cider and perries we're happy with that really represent our ethos. We can't wait to showcase them to the public."

Llanblethian Orchards is based just outside Llanblethian in an old stone barn between Llanblethian and Llyswoerney. Their ciders are available in pubs and festivals around Cardiff and south Wales.

They are holding their first annual barn party on August 2-3 from 12pm-10pm. Live music will be performed by local bands and street food will be available from local producers at The Cider Barn, Crossways, Cowbridge, CF71 7LJ. Full details are available on their Facebook account and website <https://llanblethianorchards.co.uk>.

Fundraising in memory of Jeanette

A TOTAL of £2,200 has been raised for the family of Jeanette Macdonald who died in a fatal traffic collision near Fonmon on July 3.

The target figure is £5,000. Mike Heffernan, who has started an 'In Loving Memory of Jeanette' page on Facebook, said: "Tragically, Jeanette was killed in a recent car accident and we are raising funds to ease the burden of Jeanette's loss.

"All donations will go directly to provide support to Jeanette's amazing children as well as funeral expenses. Jeanette was a loving mother, sister, daughter

and auntie. She had the softest heart and would do anything for anyone.

"She was a lovely woman, truly amazing inside and out. She always put everyone else's needs before her own and she was a huge part of the Barry Island community with her continuous help at Barry Island School and with 'Starship' at St John Methodist Church.

"She was kind, thoughtful and an inspiring figure. We want to make sure that we pull together as a community to help her children in this very distressing situation."

Donations can still be made via the Facebook page. T C

Valeways guided walks

ON Wednesday, the Coffee Shop Strollers of Cosmeston meet at 10.30am outside the visitor centre. THE same day at 2.30pm, the Coffee Shop Strollers of Llantwit Major meet at Llantwit Major town hall

CBYC chooses Marie Curie

THE fishing section of Cardiff Bay Yacht Club on Ferry Road, Cardiff have chosen Marie Curie as this year's charity; they collected £180 in memory of Gareth Davies. Other charity events are to be organised in the coming months.

Got a story?
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or call 01446 774484

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Green Flags are here – and a greener recycling system is on the way

Cllr Neil Moore, the Leader of the Vale Council, is writing a monthly column for The GEM.

I WOULD like to open this column by paying tribute to a friend of mine and a dear friend of Barry Town.

Dilys Colbourne MBE recently passed away, but she will be remembered for her campaigning to keep Central Park 'green', by obtaining funding to refurbish the park with play facilities and sculptures.

Dilys will also be remembered for her determination to ensure the library and town hall were renovated 'for the people of Barry'. My sincerest condolences and thoughts are with her family.

As many GEM readers will be aware, this month the Vale Council has retained its position as one of the best areas in Wales for parks and open spaces. No fewer than 10 council-managed parks and gardens received the prestigious Green Flag in this year's round of Keep Wales Tidy awards. As you may also know, the Vale Council has performed consistently well in these awards in recent years and our sincere thanks must go to the council's Neighbourhood Services team, who work all year round to ensure our public spaces are looking their best.

However, what is especially pleasing this year is to see so many areas that are maintained by local community groups scooping awards, with a total of 13 sites receiving a community award.

These included community gardens, woodlands and nature reserves. It cannot be emphasised enough the role that the community is playing in delivering what were once considered services to be provided by local councils.

As there appears to be no end to austerity, groups like these carrying out work voluntarily will become ever more

important as councils are having to cut some of the services they are not required to do legally.

There is also an obvious link between the communities coming together to improve our green spaces and the role we all have to play in tackling climate change and creating a more sustainable world for future generations.

In relation to this, Cllr Lis Burnett and I will present a motion at the Vale's full council meeting, declaring a climate emergency in the Vale. We will be calling on all councillors to commit to reducing the Vale Council's carbon emissions to zero and to support the delivery of Welsh Government's Low Carbon Delivery plan.

Other councils and the Welsh Government have adopted a similar stance and if agreed, this will put this important topic at the top of the agenda – tackling climate change is something that must be shared by everyone.

To drive this change, we have a carbon reduction policy and have installed 14 new water fountains at locations across the Vale to help cut people's reliance on single-use plastics. We will also be distributing reusable sports bottles at events throughout the summer.

However, while bodies like ours can lay the foundations, the ultimate responsibility will always lie with individuals to change the way they behave. Continuing on that theme, in the autumn the Vale will take a step forward in cutting waste when new kerbside sorting arrangements for recycling are introduced. The existing co-mingled recycling system, where all recyclable items are placed in a single bag or box for collection, will be replaced – all recycled items will have to be separated at home, before being put out for collection.

These recycling waste collection arrangements are being implemented across Wales as part of Welsh



Government's move to reduce levels of contamination in recycling collections and allow even more of what we discard to be reused in some way or another, and not be sent to incineration or land-fill sites.

These changes will initially come into effect in the western Vale this autumn, before being rolled-out to Barry and the eastern Vale in 2020.

Please be aware of these changes and remember to collect your free recycling bags from the Vale Alps Depot, Wenvoe or at any library. You can also check what can and can't be recycled by visiting the Council's website at www.valeofglamorgan.gov.uk/recycling. Although the Vale has always had very high rates of recycling, with nearly two thirds of our waste being recycled, I am very confident that we will rise to the challenge of pushing this figure even higher, and will ensure that the council provides all of the support residents require to do so.

Finally, I'd like to close my column by reminding everyone that the council's summer events programme is now in full swing. Details of the events can also be found on www.visitthevale.com.

Out and about with Friends and Neighbours

FRIENDS and Neighbours have had a very busy July with a trip to St Fagan's Museum, which was a memorable day as St Fagan's had just received the award for Best Museum.

The place was buzzing with excitement and the members enjoyed taking in the beautiful sunshine and looking around the many buildings, remarking how much work had been done since they visited last.

Many of them took homemade bread home, and went to Cottrell Park Golf Club for lunch.

After lunch, members looked around the gardens, taking in the sunshine and the beautiful views.

The July meeting at Beryl Road Pioneer Hall was enjoyed by all with strawberries and cream with Pimms, followed by scones and jam.

Entertainment was provided by local guitarist and singer Bobby Newman, who had all the members clapping and singing along to well-known songs with a taste of nostalgia.

Bobby's wife Diane sang a moving song with her husband.

Many of the members got up and danced and it was great to see everyone having such fun.

The event was also attended by Cllr Christine Cave, Mayor of the Vale; Cllr Margaret Wilkinson, town Mayor and Cllr Jayne Norman. They said how much they had enjoyed themselves.

Cllr Wilkinson gave the vote of thanks to the group, and Gay gave a vote of thanks to all the volunteers for their help.

Members are now looking forward to the mystery trip in August.

Annual play scheme returns

THE annual playscheme returns to Dinas Powys this month.

Based in the Murch Community Hall, Sunnycroft Lane, and adjacent sports field, the event runs from Monday to Thursday July 29 July to August 1, from 10am to 12pm, and the target age range is five to 11.

On Friday, August 2, there will be a family day to include

parents as well as children. It begins at 11am, ending at 3pm.

The event is sponsored by Dinas Powys Community Council and United Welsh Housing, and is managed by the Vale Council sport and play officers.

In the afternoons, the location for activities – led by play rangers – will be Caerleon Road. There is no charge for these activities.

Bingo afternoon in Rhosee this Saturday

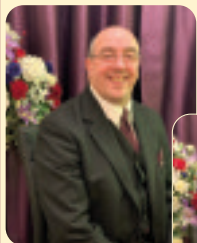
THE committee at Rhosee Community Hall in Stewart Road is holding its monthly Bingo afternoon this Saturday, July 27.

Doors open at 1.45pm for a 2.30pm start, with light refreshments and the usual large raffle. Come and join us for another enjoyable afternoon.

The Vale Funeral Service

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Success on the stage for Barry pupils

YSGOL Sant Baruc pupils have had fantastic success over the past few months in the performing arts.

Once again, pupils from classes 5 and 6 had the fantastic opportunity of performing on the Millennium centre stage in the dramatic performance competition at the National Urdd Eisteddfod in Cardiff Bay this year.

The standard was very high, with 11 schools competing from all over Wales. We were very proud that Ysgol Sant Baruc achieved second place.

Bookslam: A team of avid readers went on to compete in the national round of the Bookslam in Aberystwyth. Their task was to impress the judges in two rounds in a 10-minute discussion and an eight-minute dramatic presentation based on their chosen books.

At the end of an exciting day, success came to the presentation team, winning the best performance in Wales! They performed their

interpretation of the book 'The Moon is Red' by Myrddin ap Dafydd – what an achievement!

Book Quiz: Ysgol Sant Baruc went back to Aberystwyth at the end of the month to compete in the National Welsh Book Quiz. After another day of fierce competition, we were pleased to be awarded third prize. The judges were impressed with their knowledge of the novel 'Bancsi Bach', by Dylan Tudur Jones and enjoyed their interpretation of 'Pren and Chansen' by Myrddin ap Dafydd.

What success for the school after all their hard work, both pupils and teachers.

Llwyddiant ar y Llwyfan!

MAE disgyblion Sant Baruc wedi cael llwyddiant ysgubol dros y misoedd diwethaf yn y byd pefformio.

Cyflwyniad Dramatig: Cafodd plant blynyddedd 5 a 6 yr anrhydedd o berfformio ar lwyfan Canolfan y Mileniwm yn y gystadleuaeth cyflwyniad dramatig Eisteddfod yr Urdd Bae Caerdydd eleni. Roedd



St Baruc pupils represented their school in the national final.

safon uchel iawn i'r gystadleuaeth, gyda 11 ysgol yn cystadlu yn y genedlaethol eleni. Roedden ni'n hynod falch o ddod yn ail.

Bookslam: Eleni eto aeth tîm o ddarlennwyr brwd ymlaen i gystadlu yn rownd genedlaethol y Bookslam yn Aberystwyth. Eu tasg oedd creu argraff ar y beirniaid mewn dwy rownd, sef trafodaeth 10 munud a chyflwyniad dramatig 8 munud yn seiliedig ar eu llyfrau dewisol.

Ar ddiwedd diwrnod cyffrous, daeth llwyddiant i'r tîm cyflwyno, gan ennill y perfformiad gorau yng Nghymru! Perfformiwyd eu dehongliad o'r llyfr 'The Moon is Red' gan Myrddin ap Dafydd; beth yw cyflawniad!

Cwis Llyfrau: Aeth Ysgol Sant Baruc yn ôl i Aberystwyth ar ddiwedd y mis er mwyn cystadlu yn Rownd Genedlaethol y Cwis Llyfrau. Ar ôl diwrnod arall o gystadlu brwd, Ysgol Gymraeg Sant Baruc, cipiodd yr

3ydd wobwr dros Gymru, ar ôl iddynt greu argraff arbennig ar y beirniaid gyda'u gwybodaeth am y nofel 'Bancsi Bach', gan Dylan Tudur Jones. Yn rownd y cyflwyniad o lyfr, fe wnaethant blesio'r beirniaid gyda'u dehongliad o 'Pren a Chansen' gan Myrddin ap Dafydd.

Llwyddiant ysgubol i'r ysgol ar ôl holl waith caled y disgyblion a'r athrawon.

Aldrin would love to make contact with Buzz or Michael

ALDRIN Armstrong Collins Wilding-West is a name inspired by the most extraordinary feat in human history – the 1969 conquest of the moon – and it belongs to a man who lives in Barry.

Mr Wilding-West is named after Apollo 11 crew members Neil Armstrong, Buzz Aldrin and Michael Collins.

Neil Armstrong was the first man to set foot on the Moon and died in 2012, aged 82, but Buzz Aldrin, who followed him down the steps of the lunar module, and fellow crew member Michael Collins, are both going strong at 89 and 88.

Over the past week, space enthusiasts across the globe have been marking the 50th anniversary of the landing on the moon which took place at 4.18pm on July 20, 1969.

Mr Wilding-West was born two days after the moon landing and named after Neil and Buzz at the suggestion of his sister – later he officially added Collins to his name in honour of the often unsung hero of the mission Michael Collins.

He still hopes to meet up or talk to the surviving members of the crew.

He said: "Despite many years of

trying, I never managed to make contact with Buzz, Michael, or Neil who has now sadly passed away.

"It's difficult to describe how, after nearly 50 years, being named after these heroes grows so proudly into your bones. Neil's passing was heart-breaking.

"The world lost a humble, legend of a man. I'd so love some contact with Buzz or Michael, but I fear that the 50th anniversary may be my final chance to shoot for a memory that would be so deeply treasured."

Mr Wilding-West, who was born in Theberton, Suffolk, has lived in Barry since 2002.

He is keen to make contact with any other 'Apollo babies' and can be contacted via his Facebook page, 'Apollo 11 – Babies born to the Moon Landing'.

But most of all, he'd love someone to help him make contact with Buzz Aldrin and Michael Collins.

TC

Editor's note: Chris Kraft (middle name Columbus), the legendary flight director for the Mercury, Gemini, and Apollo missions including Apollo 11 died on July 22, just managing to witness the 50th anniversary celebrations for the Moon landing.

Perhaps any others with that name might also like to make contact.

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Residential homes 'transformed'



THE Vale Council's specialist residential services team have been working closely with the University of Worcester's Association for Dementia Studies to transform Southway and Tŷ Dewi Sant residential homes.

Around £430,000 was spent adapting the homes, which have emerged as improved, more dementia-friendly spaces. A letter from the university's associate

specialist praised staff at Southway and Tŷ Dewi Sant for their "understanding of the needs of the residents, and [their] dedication to the projects, which has enabled them to be completed to a high standard within budget."

As part of the transformation, walls have been re-decorated with a calming, neutral-coloured palette. Commissioned photographs of the local area now hang, the an uncluttered, clean and modern look."

What's on in the Vale?

Rhoseo Bingo

THE committee at Rhoseo Community Hall in Stewart Road is holding its monthly Bingo afternoon this Saturday, July 27.

Doors open at 1.45pm for a 2.30pm start, with light refreshments and the usual large raffle. Come and join us for another enjoyable afternoon.

PACT meeting

WHY not come along to Gibbonsdown 'Cuppa with a Copper' which is held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon?

New man at helm of Porthcawl Rotary

ON July 1 at the Atlantic Hotel in Porthcawl, the outgoing president of Porthcawl Rotary Club, Denzil Gould, handed over the chain of office to the new president Hugh Moatt.

Hugh is not new to Rotary as he previously served as a member of Felixstowe Rotary Club; he is a former merchant mariner and worked in seaport operations management until his retirement.

The evening started with a welcoming address by outgoing president Denzil to the members, honoured guests and to the Porthcawl Town Mayor Cllr Graham Walter.

Denzil thanked all those members who supported him as president during his term of office.

The club gave a big round of applause and thanked Denzil for his year in office.

Newly elected president Hugh gave his welcoming address to the members and guests and thanked Denzil for all his hard work, commitment and enthusiasm during his term as president.

Flowers were presented to Carol Lowery (past president of Inner Wheel) and to the new president of Inner Wheel Mrs Judy Moatt by Denzil.

Hugh then proceeded to welcome and congratulate the president elect Andrew Singer.

Throughout the year Porthcawl Rotary Club raises funds for local and international charities by organising such events as the Rotary Post, the Christmas Carolcade and Christmas Tree Festival.

Rotary also organises many youth events and supports such events as Know Your Blood Pressure day.

Rotary prides itself on its motto 'Service above Self' and Rotarians are



well aware that their hard work for charities can only come to fruition through the support they receive from the general

public, so Porthcawl Rotarians would like to thank the public for their continued support and generosity.

RL included, but incorrect GEM NOTE: Last names (from a different week, GEM readers Rotary handover) were may remember that given. Our apologies go the photo above was to both clubs affected..

Support Garen's goal to find a cure for Parkinson's

A PORTHCAWL man will be playing in the Ray Kennedy Cup in Denmark next month – an international seven-a-side football tournament for people with Parkinson's.

Garen Williams, who works for Bridgend County Borough Council as a Construction Design Officer, was diagnosed with young onset Parkinson's three years ago. Since his diagnosis, Garen has learned about the importance of regular exercise and a balanced diet in slowing down the progression of Parkinson's.

He said: "It is very important to exercise in order to build up strength, balance, good posture and speed. Not only does exercise reduce stress, but it also

enhances a positive attitude to life. Doing exercise focuses my mind on my abilities, boosts my self-esteem and makes me feel good.

"My goal is to raise awareness of Young Onset Parkinson's and to raise money for the Cure Parkinson's Trust. This is also a great opportunity to represent my country in a sport I really love and enjoy.

"Our journey to Copenhagen has been paid for, but we need to raise awareness of this disease of which there is currently no cure."

You can help support the team's fundraising efforts by visiting <https://uk.virginmoneygiving.com/> and searching for 'UKYOPD'.

UK Ministers celebrate Welsh language

VALE MP Alun Cairns visited Ysgol Gymraeg Bro Morgannwg with his colleague Rt Hon David Lidington MP, Minister for the Cabinet Office, to discuss the importance of promoting the wider use and growth of the Welsh language.

Pupils from Ysgol Bro Morgannwg's school council took part in a question and answer session with both Mr Cairns and Mr Lidington. The questions ranged over why the Welsh language is important to the UK Government, what opportunities are available for young people and what the likely outcomes of Brexit will be.

Mr Lidington, who operates as the de facto Deputy Prime Minister, used his visit to Wales to announce that the UK Government supports plans for Wales to have a million Welsh speakers by 2050. He commented

that the language is one of the UK's greatest inheritances and that the UK Government recognises its responsibility to protect and develop it for future generations.

Mr Cairns said: "I'm really pleased that David Lidington has had the opportunity to visit Ysgol Bro Morgannwg. The school demonstrates the great strengths and power that a Welsh medium education offers to young people in Wales."

He added: "It's vital that Welsh medium education is never seen as a compromise to academic ability in English. I know, as someone who is first language Welsh and attended a Welsh school, that it offers huge benefits to pupils and I'm delighted that my colleagues across the UK Government also recognise this."

NGS Open Gardens in Coity next week in aid of charity

THE new garden at 11 Castle Meadows, Coity, Bridgend, is open on August 2 and 3 from 12pm until 5pm.

It is a small, south-facing garden and lies in the historic village of Coity with views towards its 12th century castle. Within the garden there is a summerhouse and small wildlife pond, which add interest.

This family garden has an eclectic planting style and we hope you will experience the 'Wow!' factor – the garden is a riot of colour.

The 'stick it there' policy results in a mixture of perennials, annuals, climbers, self-seeders, baskets and pots which jostle with each other for attention.

A mixture of nearly 30 roses, along with clematis, hostas, heucheras and other plants create a bold palette of colour.

A local art group will be exhibiting some of their work on the day, and hot drinks and cakes will be on sale.

Admission: Adults £3.50, children admitted free.

Visit www.ngs.org.uk for more information and for directions.

RSPCA want to track down dog's owner

RSPCA Cymru is appealing for information after a dog covered in ulcerated tumours was found in Barry.

The brindle Staffie was found in a lane behind O'Donnell Road in May.

RSPCA inspector Sophie Daniels said: "This poor dog was in quite a state. She was covered in ulcerated tumours over her face, neck, back and abdomen. She also had a potential bone tumour in her leg.

"At the vets she was given immediate treatment as she was clearly in pain. However, to alleviate further suffering sadly it was decided that her condition was too severe and the kindest thing would be to put her to sleep."

RSPCA Cymru is appealing for information to try and track down the owner. If anyone has any information, they can call the RSPCA inspector on 0300 123 8018. Calls to the number are treated in confidence.

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Phone scam warning

SOUTH Wales Police is urging residents to be vigilant after reports of scam callers targeting people in Bridgend and the Vale.

Scammers have been targeting vulnerable older people over the phone – claiming that they owe money and if they do not pay they will be arrested. Fraudsters are also calling people claiming there has been fraudulent activity on their bank cards and that they need to pay to sort this out. The HMRC scam call is still being used in which fraudsters claim that a person owes thousands in unpaid taxes and is threatened with arrest if they do not pay. If you have received any suspicious calls you can report it on 101.

Will you absolutely warm to Kelvin?



KELVIN is a sensitive 10-year-old crossbreed who has lived a sheltered life and would like to live in a quiet home with children 14 years and over.

His new owners will need to make sure that they give him time and space to adjust to living in a home environment, so that he can explore the world at his own pace. Canine Carer Heather said: "Kelvin hasn't experienced much in his life and is now loving smelling and admiring all the things around him and is having lots of fun. With time, his personality will shine through and he is sure to be a loving and loyal companion."

For more information, visit www.dogstrust.org.uk.

Volunteers are the guests of honour at store's relaunch



The store invited voluntary groups who have fundraised at the store to enjoy a celebratory lunch.

THE Morrisons Wilkinson, who Barry store originally opened re-launched on the store in 2001. July 18, with a ribbon-cutting by the Mayor of Barry Town, Cllr Margaret

and a raffle to win £100 worth of shopping. Afternoon teas were laid on for the local volunteers who regularly fundraise in the store. There was also entertainment by Ray Tee and Pukka Productions.

For all the latest news from your area - glamorgan-gem.co.uk

Ramblers explore the history around Wenvoe Castle

A GROUP of eight walkers joined Joy from Penarth and District Ramblers at St Mary's Church, Wenvoe in lovely sunshine to take part in the eighth summer evening walk.

Pointing out the inscribed tablet above the church gate which is a memorial to Laura Frances Jenner who was the last of the Jenner family to reside at Wenvoe Castle, they also learned that three generations of the Jenner family were Rectors at this pretty 13th century church. Heading along Old Port Road to pavement walk beside the A4050 and the new development at Goldsland Walk, a stile led them across a small field near Pugh's Garden Village and uphill by a quiet lane to Burdonshill.

Passing through a metal kissing gate and onto part of the Wenvoe Castle Golf course, founded in 1936 on land surrounding Wenvoe Castle, the home of Hugh Jenner (who became the first president of the club) they carefully followed the edge of the green before descending through tall ferns into woodland.

Then on past a pretty flower patch and into fields on the northern edge of Goldsland Wood, where another field containing young cattle led them to Maes-y-felin and the St Lythans Burial Chamber that was lit up by the evening sunshine with cows quietly grazing beside it. Deviating southwards and heading along overgrown pathways on the edge of broad bean fields and passing golden barley, they circumnavigated

the end of the wood continuing along rough paths to a broken stile.

Entering open fields with a magical view of the Goldsland Valley, they dipped downhill being challenged by frisky young bullocks that soon gave way and, crossing the Goldsland Brook, they tramped uphill beside a recently cut hay field to New Wallace.

After visiting and making a fuss of Buddy the Shetland pony and passing through the farmyard, they joined the road.

Heading east between high hedges and passing the 19th century Goldsland Farm, they overlooked another part of Wenvoe Castle Golf course, where players were out enjoying the pleasant evening, before heading past the club's entrance and making their way back to the A4050 for the short journey back to Wenvoe village.

On August 1, meet 6.30pm at the bottom of Penyturnpike Road (Millfields entrance) Dinas Powys for a four-mile easy/mod walk taking in Park and Casehill Woods; contact Joy on 01446 737131.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then please contact the leader for advice. For up to date information log onto www.penarthramblers.wordpress.com or follow on Facebook.

Programmes and member-ship advice can be obtained from Pam on 029 2025 5102. Joy Strangward

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Not all edible – but these plants are still good for your health

STRESSED gardeners have been told to grow seven key plants in their backyards to help relieve tension and anxiety.

Horticulture experts from BillyOh.com have revealed the plants which can help relieve the symptoms of stress, including chrysanthemums, lavender and gerberas.

Gardening can help to improve mental health as it allows individuals to spend time in nature and forget about the stresses of day to day life.

Certain plants can actually also have a calming effect due to the green of their leaves which is associated with growth, harmony and freshness.

A spokesperson said: "Spending time caring for plants is a great way to help look after your mental health. Nurturing the buds and seeing the plants grow can be very rewarding and helps boost self-esteem."

"In order to properly look after plants, time needs to be spent away from electronic devices, allowing



Gerbera is a good choice in the flower bed.

gardeners to 'zone out'.

"The plants on this list can be put in offices and gardens, but you can also use some of them to make oils and teas."

Plants that can help to relieve symptoms of stress are:

1. Peppermint: It has been found to lower frustration and boost alertness. Menthol, found in the plant, is also a powerful muscle relaxant and can aid digestion.

2. Chamomile: Known for its medicinal benefits since ancient times, Chamomile has

anxiety effects and can also be used as a sleep aid. Commonly taken as a tea, it can also help reduce inflammation.

3. Lavender: The colour and smell of the purple plant is immediately calming. Often used to help soothe agitated babies, the plant's oil is commonly prescribed to help in the treatment of anxiety and depression.

4. Jasmine: The plant makes you feel less anxious and more at peace, meaning that if you place a Jasmine plant in your bedroom you should

wake up feeling more alert. A good night's sleep has restorative power allowing you to feel more positive.

5. Aloe Vera: Known for its anti-inflammatory properties, Aloe Vera is also one of the most powerful plant air purifiers. It helps remove harmful chemicals from the air and as such can help reduce anxiety.

6. Chrysanthemum: Chrysanthemums can help lessen symptoms of worry and stress, and when taken as a tea can help relax bodies. A

good source of Vitamin C which can help boost the immune system and treat coughs and colds, Chrysanthemums can also increase your metabolism.

7. Gerbera: The bright colours of the plant can be instantly calming, with the flowers lasting up to two weeks. Gerberas remove benzene from the air, which is a chemical found in inks. They can help bring a calming atmosphere and encourage a peaceful night's sleep.

AP

Five ways to get fit that cost nothing

FORGET expensive gym memberships, fitness experts have identified the five best ways to get into shape for summer at zero cost.

Researchers at health and fitness site Vivotion.com have found the best ways to get, and stay, fit and healthy without spending money.

They include popular Park Runs, as well as lesser-known regimes such as Green Gyms where participants can help with wildlife conservation while keeping fit.

A spokesperson from Vivotion.com said: "Exercise has so many added benefits aside from helping with weight loss and increasing fitness."

"Many free activities can involve meeting new people and offer challenges, building fitness week on week."

"Some activities such as walking trails mean participants can also involve friends and family. They all, of course, have the added bonus of being free."

Free activities include: Park Runs: Park Runs are a 5k run suitable for all abilities. They take place in over 600 locations and let you run at your own pace. Signing up to the website allows your running time to be added to a national database, meaning you

see where you placed in your Park Run and how you compare nationally.

Green Gyms: They allow you to help conservation while building up your fitness. The exercises involve planting trees and building wildlife ponds. There is a range of activities you can take part in which are all easily adaptable to every ability.

Couch to 5k: This is an initiative from the NHS encouraging Brits to get up from the sofa and go for a run. The regime changes weekly and involves no more than three runs a week. The aim is that nine weeks after starting, you should be able to easily run 5k.

Walking Trails: If walking from Land's End to John O'Groats isn't your thing, there are several trails and specified walks in each of the UK's countryside. Purchasing an Ordnance Survey map can be an easy way to find circular routes and paths you didn't know were in your local area.

Cycle Routes: If you'd rather get fit while taking the weight off your feet, cycling may be the perfect idea for you. There are local cycling groups where you can meet new people and cycle as a pack as well as websites which allow you to find tried and tested routes in your area.

AP

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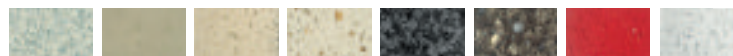
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A vintage opening for the Vale's latest hotel



Vale MP and Secretary of State for Wales Alun Cairns at the opening of Llanerch Hotel with Ryan Davies, owner of Llanerch Vineyard.

THE UK's first vineyard hotel has opened its doors in Hensol.

Llanerch Hotel is the result of a £2m investment by Ryan Davies, owner of Llanerch Vineyard, which is home to the award-winning Cariad wines. The two-storey hotel, situated in the heart of the

vineyard, which is just 20 minutes from Cardiff, comprises 26 rooms and suites, each with uninterrupted views of the Welsh countryside.

As well as Llanerch's popular wine tasting and vineyard tours, Llanerch is also home to an award-winning restaurant, which serves lunch, dinner and afternoon teas in the

vineyard throughout the week. As well as the new rooms, including several accessible rooms and dog-friendly rooms, the new hotel includes additional meeting and conference rooms for corporate events.

It was officially opened by Alun Cairns MP. "To become the first vineyard hotel in the UK is a fantastic achievement

for the team at Llanerch," said Ryan Davies, owner of Llanerch Vineyard. "Across Europe, wine hotels are very popular and we wanted to bring that unique experience to south Wales."

Ryan took over the vineyard, which is one of the oldest in Wales, in 2010 with the aim to replicate the successful wine tourism models he

had seen while working in vineyards in New Zealand and Australia, where vineyards are tourist attractions in their own right offering restaurants, weddings and events, in addition to traditional wine tasting and vineyard experiences.

Since then, Llanerch has become the largest commercial vineyard in Wales and attracts

visitors from around the world with its award-winning restaurant and bar, unique marquee and lodge wedding venues, on site cookery school owned by Angela Grey and wine tasting and vineyard tours.

Ryan Davies said: "We have had a number of B&B rooms available at the vineyard since 2010, but as the business grew, so did the demand for accommodation at Llanerch. The popularity of Cardiff, which is just 20 minutes away, as an events destination for everything from rugby to high profile concerts has also pushed up demand for high quality accommodation in south Wales.

"This has been a vision for Llanerch for many years. We have managed every aspect of this project ourselves – the biggest we've ever undertaken – to ensure that the hotel offers the highest quality and that every detail has been thought about, from luxury in-room products to maximising the spectacular scenery enjoyed by every room."

The superior rooms at Llanerch Hotel are 42 sq m and include a super king size bed with a large sofa and living area and a luxury ensuite

bathroom with shower. The four suites, located in each corner of the hotel, are over 45 sq m and include a bedroom with super king size bed, as well as a large living room with sofas and a seating area, which can be separated by a partition, and a luxury ensuite bathroom with shower.

The vineyard's existing courtyard rooms, set in one of the vineyard's original stone outbuildings, have also been fully refurbished in keeping with the new hotel. Each room has a large widescreen smart TV, allowing guests to stream from their own devices, a Nespresso coffee maker and kettle and luxury interiors, including Welsh wool blankets, made at Pembrokeshire's traditional woollen mill Melin Tregwynt, and art by local photographer Andy Stoyale.

The new hotel, which was constructed using only local contractors and builders, will now employ up to 20 new members of staff. Alun Cairns MP opened the new hotel. He said: "It was a pleasure to open Llanerch Hotel. They've done a brilliant job and created a very impressive venue with exceptional attention to

detail. Llanerch already attracts visitors from around the world and over recent times it has been a privilege to see the venue used as a destination for Chinese travel journalists when Visit Britain are promoting Wales in China. The beautiful surroundings provide a fitting location for the first vineyard hotel in the UK and the significant £2m investment and creation of 20 new jobs is really positive news for our local economy. This demonstrates that Llanerch recognise the opportunities available in the Vale of Glamorgan and I wish them every success for the future."

Llanerch's award-winning wines, branded as Cariad (meaning 'sweetheart' or 'dearest' in Welsh), are made from the vines at the vineyard, which are a mixture of French and German hybrids, well-suited to the Welsh climate.

Llanerch now harvests up to 12 tonnes of grapes and produces around 10,000 bottles of Cariad wine annually. Available as a sparkling blush, a sparkling brut, a dry white, a medium dry white and a rose, the wines are available in Llanerch restaurant and the onsite vineyard shop.

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MPs join forces over visa fees

A CROSS party group of MPs led by Labour's Madeleine Moon and Conservative Richard Graham, have written to Home Secretary Sajid Javid calling for the abolition of visa fees for Commonwealth servicemen and women in the British Armed Forces.

Currently Commonwealth citizens serving in the UK armed forces have the right to apply for Indefinite Leave to Remain (ILR) after four years' service if they choose to stay in the UK. However, application costs have risen considerably in recent years, meaning it would currently cost almost £10,000 in visa fees for a service leaver to settle in the UK with a spouse and two children.

This has created a situation where Commonwealth citizens are often forced to choose between leaving the UK or remaining here and splitting up their family. The Royal British Legion, which has raised awareness of this issue through their 'Stop the Service Charge' campaign, say they provided £36,000 in grants for visa fees last year alone. The letter, which has been signed

by more than 130 different MPs from eight different parties, calls on the Home Secretary to recognise those who have served in the UK armed forces by abolishing visa costs for them and their families.

Mrs Moon said: "These men and women sign up to join the UK's Armed Forces putting their life on the line for our country, and the current visa fees charged do not reflect the nation's gratitude for their service. Having served the UK, Commonwealth service personnel have the right to apply to stay here without having to pay fees so high that some veterans are being pushed into poverty."

Charles Byrne, director general at The Royal British Legion, said: "Charging exorbitant fees to those who have sacrificed so much to serve our country is no way to thank Commonwealth service leavers. We are pleased so many MPs across the House and from different parties agree with our Stop the Service Charge campaign, and that MPs are joining the call to have these fees waived. We hope the Government will listen to these serious concerns."

AS

Speeding signs installed

PENYFAI the village if they are exceeding the speed limit. Dr Hussain decided to spend the £5,000 he was allocated by BCBC on improving road safety for residents and motorists locally. The new signs will flash at motorists in both Welsh and English

if they are speeding. He said: "I get a lot of complaints about people driving too fast through Penyfai. "We have a number of road safety concerns in the community. There is no way residents can walk from Penyfai anywhere in safety."

Barry Amateur Swimming Club hosts historic meeting



ON July 13, Barry Amateur Swimming Club held its 31st Cardiff Bay Sprint meet at Cardiff International Pool.

Brian Hardwicke initiated the meet, known as The RE Sprint Meet at Cogan Pool in Penarth over a weekend in July. The event is highly regarded and this year was no exception, with more than 400 competitors from 22 clubs as far afield as Haverfordwest, Welshpool and Cheddar taking part; there was even one competitor from Dubai.

Rowland Jones was chairman of the local area for many years and the Roland Jones Cup is awarded in his memory to the nine-year-old swimmer who gains the highest point score in the four single stroke 50m events. The winners of the Rowland Jones Cup were Isabella Hurn of Cwmbran Club and Alfie Gilligan of Neath Club.

The Barry Amateur Swimming Club would like to thank all the volunteers and parents who make the meet such a success.

Barry Amateur Swimming Club would like to thank all the volunteers and parents who make the meet such a success.

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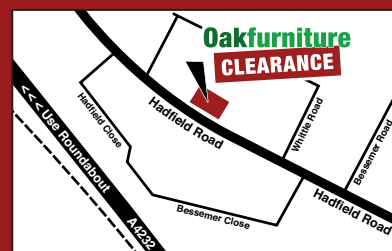
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Prepare your garden for a heatwave

GARDENERS are being urged to save water and prepare for more sunny weather and hot temperatures.

The experts at GardenBuildingsDirect.co.uk have put together nine top tips for saving water and keeping gardens in top condition.

Some tips do require early preparation, including opting for drought resistant plants and getting soil in good condition with regular weeding and adding lots of natural fertiliser.

Other advice includes investing in a water butt to collect rainwater and saving grey water to use on the garden.

A spokesperson for GardenBuildingsDirect.co.uk said: "Last summer was beautiful, but brutal to gardens across the UK. However, there are simple steps gardeners can take to make sure their outside space is summer ready."

"There are things that need early attention, like buying a water butt, improving the condition of the soil and regular watering.

"Other pieces are advice are for when the hot weather hits. Among the tips are advice on the best times to water and the plants gardeners should prioritise."

1. Look after your soil: If your soil is in top condition, then it won't need as much watering. Try adding natural fertilisers to the soil to improve its structure. This will help retain moisture. Pull out any weeds too - you don't want the water you do put on the garden to help the weeds grow and not the plants.

2. Mulching flower beds: Try laying mulch around flower beds and in hanging baskets. This will trap moisture and prevent it evaporating during sunny spells.

3. Water at the right time: Water well before sunny spells. This will help prevent a water deficit when it heats up. When it is hot, water the garden first thing in the morning and in the evening when it's cooler and the sun has set; it will reduce the amount of evaporation.

4. Plant drought resistant plants: Some plants need less water

than others, so if you're serious about saving water, opt for those that require very little.

5. Invest in a water butt: Divert a drainpipe into a water butt and start collecting. By the warmer months, you'll have plenty of water ready to use in the garden.

6. Grey water: Bath water and washing up water can both be used on the garden. Just avoid any water containing bleach, disinfectant or strong cleaners.

7. Use a watering can: Opt for watering can rather than a hose to water the garden. If you do use a hose, use a trigger to closely control the flow.

8. Be selective: Not all plants need the same amount of water. Fruit and veg are worth watering regularly. It's also worth prioritising containers, any new plants and hanging baskets. Grass is really resilient and even if it turns brown, will grow back lush and green.

9. Water retaining crystals: These are worth investing in to retain water in pots, so you don't have to water so often.

Ray's Retreat opens at Romilly Bowling Club



ON July 8, the opening of the new patio took place at Barry Romilly Bowling Club and the area is known as Ray's Retreat, after Mr Ray Harkus.

The renovation was sponsored by the law firm of Everett, Tomlin, Lloyd and Pratt. Ray was a very well respected and much liked member of the club. He had the Romilly Bowls Club at Gilfach on July 13 flag made and it is flown

every match day and on special occasions. Ray's family attended the ceremony, and Ashley cut the ribbon to officially open Ray's Retreat.

The latest club results: Barry Romilly played in the Munro Cup on

three occasions in June, beating Rhose and losing to Penarth Windsor and Llantwit Major in

the two other matches. Barry Romilly first of the club. He had the team played away Romilly Bowls Club at Gilfach on July 13 flag made and it is flown

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A nostalgic photo from Barry



A mystery photo from Barry, sent to The GEM by Mr Howard Ross. He believes it to be a street party in Daniel Street, Barry, in 1969, and he is looking for more information, in particular names of those in the picture. If you can help, please contact Mr Ross by email on 'howard.ross145@btinternet.com'.

Green Flag awards for parks in Bridgend

NINE of Bridgend County Borough's most beautiful parks and green spaces have bagged themselves prestigious Green Flag awards.

Three sites maintained by Bridgend County Borough Council – Wilderness Lake in Porthcawl, Maesteg Welfare Park and Coychurch Crematorium – have all earned the right to fly the coveted flag, which is awarded by Keep Wales Tidy.

A Green Flag award recognises how welcoming, safe, clean and well-maintained each space is. The award also assesses how appropriately conservation and heritage features are managed, community involvement in maintaining each area, sustainable management of resources, and how effectively each area is marketed.

Bryngarw Country Park and Glanhyd Hospital also picked up the main Green Flag Award this year, while Green Flag Community Awards were won by the Caerau Market Garden, Spirit of Llynfi Woodlands, the Wilderness Allotment Association and the Badgers Brook Allotment in Bridgend.

Cllr Richard Young, the council's Cabinet Member for Communities,

said "It's absolutely fantastic that so many of our local parks and green spaces have earned prestigious Green Flag Awards this year.

"I extend special congratulations to Coychurch Crematorium on successfully retaining their Green Flag award for the tenth consecutive year. The grounds and gardens of the crematorium create a comforting environment of peace and tranquillity where visitors and mourners can sit and quietly reflect.

"I'd like to commend all of the workers and volunteers for the dedication they put in to maintaining these beautiful green spaces and parks."

Lucy Prisk, Green Flag Co-ordinator for Wales said: "I would like to pass on our congratulations to every single park receiving the Green Flag Award. Keep Wales Tidy is extremely proud that so many parks and green spaces in Wales have reached the high standards necessary to achieve Green Flag status. I'd encourage everyone to get outdoors this summer and enjoy the incredible parks and green spaces we have on our doorstep."

To find out more about the Green Flag awards, visit www.keeptowales-tidy.org.

Holiday health for man's best friend

IF you're planning to pack a suitcase for your pooch this summer, make sure you follow this useful guide.

As all dog owners know, it can be heartbreaking leaving pets at home or in a kennel for an extended period of time. But with a quarter of the UK population owning a dog, an increasing number of places are willing to accommodate them.

According to research by Camping in the Forest, who manage 10 dog-friendly campsites in the New Forest, more than 40 per cent of us feel anxious about leaving our dogs behind when we go away on holiday. As a result, more people are opting for trips where dogs are welcome too.

Make sure you get the most from your adventure away with your pups, by following these tips.

1. Have a test run: Sleeping in an unfamiliar place can be a nerve-racking experience for your dog if they've never done it before, but getting pets used to sleeping in different places from a young age will stand you in good stead. Try taking them to a friend or family member's house. If you are planning on camping, it's a good idea to get your dog familiarised with a tent by pitching it in the back garden.

2. Things to remember before you go: Before you head off, make sure your dog is up to date with any treatments, vaccinations and general health checks. Ensure they are microchipped and that pet insurance is valid. If you're heading abroad, check to see if there are any local diseases to be aware of and chat to your vet first. And if you're going

somewhere in the UK, don't forget to pack your doggy essentials - including a bed so they can get their rest somewhere familiar and comfortable.

3. Pack a doggy survival kit: Having a successful trip is all about being prepared and having everything to hand. So what should you include? Basics like food, water and toys should be top of the list. While it's tempting to feed your pooch scraps from the barbecue, it's not good idea to interfere with their eating habits. Some destinations, such as camping sites, request dogs are on a lead when near to wild animals or endangered plants. Having both a short and extendable lead is a good option - ensuring your dog is always under control.

4. Stick to a schedule: Dogs love a routine and they know when it's time to eat and when to go out for a walk. Sticking as close to your dog's regular routine as possible adds a sense of normality in an unfamiliar situation, which will help to reduce their stress.

5. Be a responsible dog owner: If you're out and about exploring, make sure your dog doesn't chase livestock, birds, foxes or even wild ponies. Bob Hill, sites manager at Camping in the Forest, said: "It's important to be a responsible owner to ensure the local wildlife isn't disturbed and that the local environment is preserved for future generations to come."

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Out & About with The GEM

Advice for exercising in summer

DRINKING before exercising, trying a different time of day and knowing the medical risks are three of the seven top tips for being active outside in summer sun and heat.

Whether running and cycling or participating in other sports and outdoor activities, the specialists have warned that failure to adjust accordingly to hot conditions could hinder fitness progress and potentially harm overall health.

A spokesperson for Vivotion.com said:

"More Brits will be encouraged to get active outdoors during spells of warm weather over the summer, but direct sunlight and increased

heat can pose extra challenges to exercising. It's especially important to wear appropriate summer clothing, get plenty of water into your system before you feel like you need it and avoid the midday sun.

"If you start to feel uncomfortable or notice any signs of heat exhaustion, stop immediately and try to cool down as quickly as possible."

When exercising in summer:

1. Keep hydrated: it's vital when active during summer heat to make sure you keep sufficiently hydrated at all times. That means drinking plenty of preferably cold water, or specialist sports drinks for intense activity, and avoiding alcohol.

2. Try a different time of day: if you normally



for a run, cycle or play sports outdoors during the afternoon, blazing sunshine should make you think again.

Try getting up earlier and exercising while it's cool before work, or head outside as the temperature starts to drop later into the evening, but steer clear of excessive activity while exposed to the sun between 11am and 3pm.

3. Gradually get used to conditions: If your body is used to participating in outdoor activities during the winter, with cold air and rain to keep it cool, it's important to acclimatise to exercising in heat.

Gradually build up your activity levels, conduct a thorough warm-up and make sure you know your fitness level – don't push yourself too hard,

too soon in challenging conditions and seek out shade wherever possible.

4. Dress wisely: Brits heading outdoors to exercise in summer heat should choose light coloured, loose clothing that's made from an appropriate, ventilated sporting material rather than cotton.

A pair of shorts and a t-shirt should normally do the trick – forget about sweatshirts, track suits, joggers and long socks.

Don't forget to take a cap or sunglasses and sun cream too. 5. Know your medical limits: It's crucial to know how any medication or pre-existing conditions you have may affect your ability to exercise in higher temperatures.

If you're unsure, consult a medical

professional and don't do any activity that could pose unnecessary risks and harm.

6. Watch out for heat exhaustion and heatstroke: According to the NHS, signs of heat exhaustion include headaches, dizziness and confusion, loss of appetite, feeling sick, excessive sweating, pale skin, cramps in the limbs or stomach, fast breathing or pulse, being very thirsty and a body temperature above 38C.

If you can't cool down within 30 minutes and it turns into heatstroke, it needs to be treated as an emergency.

7. Take a cold shower: Taking a cold bath or shower after working out in the heat will lower your core body temperature and be more comfortable than soaking in

Historic loco's trip to Wales



SOUTH Wales rail enthusiasts were in force in Cardiff on Saturday when the loco 70000 Britannia arrived in Cardiff.

Enthusiast and photographer Mike Wilcock explained: "It was here for the first time in many years and on a tour from Crewe. Built in 1951, it featured in the Festival of Britain in 1953. The loco took delivery of more coal and water; afterwards, it went light engine to Newport to turn round on a triangle of track, to be ready for the return trip with its 13 carriages."

Mike's film of the 70000 Britannia has already had more than 1,400 views on YouTube.

Image by Mike Wilcock.

Horrible Histories makes for a fun film



All for one, and one for all, in the 'Horrible Histories: Rotten Romans' movie.

BASED ON Terry Deary's popular children's book series, Horrible Histories: The Movie – Rotten Romans expands on one tattered page from our inglorious national past for 92 minutes of toilet humour-laden edutainment punctuated by rumbustious songs.

Director Dominic Brigstocke and his accomplices – screenwriters Caroline Norris, Giles Pilbrow and Jessica Swale – struggle to replicate the breezy, madcap tone of the long-running Horrible Histories TV series, which adopted a sketch format to hop between eras.

Rattus Rattus, the puppet vermin host of the small screen incarnation, is consigned to a pastiche of the MGM company logo at the beginning of the film and a brief coda to confirm

any stomach-churning facts underpinning the on-screen tomfoolery.

Song lyrics are snappy and pitched at a young audience.

"I'm better than Caesar/A real diamond geezer," raps an emasculated Emperor Nero (Craig Roberts) as he attempts to emerge from the shadow of his formidable mother, Agrippa (Kim Cattrall).

"I'm the real McCoy/I'm not a mummy's boy!"

Fleeting cameos provide a few giggles for parents and teenagers.

Warwick Davis delivers a stirring speech as a gladiatorial trainer, who tells his sweat-glistered wards: "I want you all to give it CX percent," and Sir Derek Jacobi adds gravitas to Emperor Claudius, who perishes shortly after his throat is tickled with a poisoned feather.

In 54 AD, enterprising Roman teenager Atti (Sebastian

Croft) earns the gold coins he needs to buy a new pair of sandals by passing off a vial of horse urine as precious gladiators' perspiration.

Nero (Roberts) receives the bottle as a present and seeks a fitting punishment for Atti's deception.

"I'll send you to Britain," snarls the emperor and he condemns the weakling to serve as a centurion under Decimus (Lee Mack), who dreams of retirement on Italy's sun-drenched shores.

Far from home, Atti meets feisty Celt teenager Orla (Emilia Jones), whose tribe are part of a rebellion against the Roman empire led by fame-hungry Boudicca (Kate Nash), queen of the fearless Iceni.

Atti and Orla develop a touching friendship as they join forces to rescue Orla's light-fingered grandmother Brenda (Joanna Bacon) from the clutches of a

rival clan. By working together, Atti and Orla hope to outflank the military manoeuvres of Governor General Paulinus (Rupert Graves) and send the Romans back home with spears between their legs.

Horrible Histories: The Movie – Rotten Romans gallops through 1st-century betrayal and bloodshed with vim and a mischievous schoolboy grin.

Bodily fluids are used as easy punchlines and wanton violence remains cartoonish like when one character is decapitated and the woman who catches the severed noggin casually inquires: "Anyone missing a head?"

Croft and Jones fling themselves into their roles with gusto, emphasising a strong message of collaboration that should resonate clearly with the target audience.

No swearing; no sex; violence: Rating 6/10.

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St Davids Church Hall, Wimborne Road, Pencoeed
Helen 07714 170908

Thursdays 5.30pm
Highlight Park Community Centre, Barry
Annmarie 07837 497523

Thursdays 9.30am & 11.30am
Memorial Hall, Cenotaph Entrance, Gladstone Road, Barry
Nicola 07951 510871

Friday 9.30 and 11.30am
The Cabin next to Swim Pool, Hebron Hall, Cross Common Road, Dinas Powys.
Renae - 07495 208966

Friday's 9.30am
Crossway Methodist Church, Court Rd, Barry
Karl 07411621866

Saturdays 7.30am & 9.30am
The Gathering Place, Flemington Road, St Athan
Helen 07968 355119

Saturday 9.30am
Cwm Talwg Community Centre, Cwm Parc, Barry
Vicky 07957 958900

Saturdays 7.30, 9.30 and 11.30
Colcot Community Centre, Keats Way, Barry
Martin - 07444 374377

Saturdays 8am and 10am
All Saint's Church Hall, Victoria Square, Penarth
Julia - 07718 284171

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Marigold: a hidden gem, and a must for all foodies

The range of dishes caters superbly for all tastes. This hariyali-piazza went down a storm with the reviewer.



AT the edge of the Vale with enviable views over Cardiff, you will find the Indian Marigold restaurant on The Tumble, St Nicholas.

The building was once home to the Traherne Arms, and has retained its old Welsh hostelry charms complete with stone walls but now has a relaxed, contemporary feel to the dining room with a gentle Indian influence.

The restaurant was opened some nine months ago by Neha and her team, who have, between them, many years' experience in the restaurant business.

This experience in the business is apparent in the inspiring menu on offer. Not a huge menu by any means, but this is good news as each item on offer will fill Indian food lovers with excitement as it becomes clear that this is no ordinary restaurant.

Of course, the traditional favourites are available including tikka masala, jalfraizi and Madras, and there is plenty of choice for vegetarians and seafood lovers too. The menu becomes really exciting, however, when the house specialities are considered and it's a tough decision to make when they are all so appealing.

Two of us opted for the Marigold Trios, delightfully presented starters comprising tasty onion pakora, tandoori paneer and channa chat for the vegetarian option and the incredible tandoori king prawn, calamari and crunchy soft shell crab in the seafood selection. It was apparent that the main course was going to be something special.

I'm not a fan of the super-hot chilli burn common in average curry dishes, but prefer a skillful combination of spices and

flavours. Neha and her team are, I am pleased to say, masters at it.

The vegetarian dish was typical of the South Indian cuisine on offer, the tongue-twisting brinjal aur aloo tamatar, which was packed full of flavour and which Chef takes extra care with, as the aubergines can take a little more heat to bring them alive.

The hariyali-piazza was recommended, and certainly didn't disappoint. Almost too beautiful to eat, the succulent chicken was complemented by a timbale of rice, complete with crispy onion topping and a spicy tomato sauce for even more flavour.

I opted for the Hyderabad chicken biryani, a regional dish and typical street food cuisine, and with its spice combination and delicious

sauce it was also a winner. Too full for dessert, we rounded off the meal with some liqueur coffees, which

were also excellently presented.

The restaurant has an informal, friendly atmosphere and Neha and team would like to welcome families to dine during the summer. For the under-10s, the restaurant is offering free meals until August 30, and the kids' menu, inspired by the owners' five-year-old son, will appeal to even the fussiest eater.

This restaurant is definitely one of the best-kept secrets in the Vale. If you haven't eaten at the Indian Marigold, I suggest you pay a visit before it becomes impossible to book a table. I cannot wait to return.

CB

Starters from £4.50, main courses from £8.75.

For more information – including opening times – visit indianmarigoldonline.com or call 02921 321091.

A new member for business club

THE Bridgend and Vale Business Club (BVBC) was thrilled to welcome Wendy Snatchfold from The GEM as one of its members.

She joins 30 other businesses in networking and referring business to each other.

The GEM will offer great rates to members for advertising and will have exclusive coverage of the BVBC awards at the Best Western Heronston Hotel and Spa on November 2.

Wendy is pictured above with the eponymous owner of Steve Richmond Carpets, a founder member of BVBC.



The essence of successful Continental motoring



A GEM staffer preparing for a trip to France by road and sea this summer checked online the availability of premium (98 or 99 RON) fuel in Normandy.

To his slight surprise, he saw that the fuel labels on the Continent had changed since his sojourn there last summer.

After a *sacre bleu!* and a *zut alors!* followed by a quaintly Gallic shrug, he contacted Hayley Pells, The GEM's on-hand guru for all things automotive and a published industry expert for advice.

Here's what she had to say.

BE sure to familiarise yourself with the new fuel labels before starting your journey.

From October last year, the old labels for fuel disappeared, replacing them with the new symbols, the purpose of the new regime is

to remove confusion and standardise the delivery of information to the consumer. This new method will also be displayed by the car manufacturer as well as the fuel resellers in order to make the correct identification of fuel type easier for the motorist.

It will be up to the UK to decide how the rules regarding labelling will apply after Brexit. The increase of bioethanol in petrol has been of particular interest as consumption increases in line with the drop in sales of diesel vehicles.

It is anticipated that the UK will follow suit with labelling as it is currently implementing the same fuel standards here in order to help deliver the Renewable Transport Fuel Obligation in a cost-effective manner. Described as a "no-brainer" by the BBC, the increased amount of bioethanol will deliver substantial reductions of harmful emissions, but the Department for Transport has identified potential areas that may cause damage to older cars, these could include:

A guide to the new symbols

E5, E10 or E85 in a circle refers to petrol, the number represents the percentage of the bioethanol content. We currently use E5 in the UK and this is considered safe for older vehicles.

B7, B10 or XTL in a square for diesel, again the number represents the percentage of the bioethanol content. Gaseous fuel will remain in the familiar lozenge, the letters representing the type of gasses available.

High times in Ho Chi Minh City



WHETHER you call it Saigon, or – to give it its full title since 1972 – Thành phố Hồ Chí Minh, this southern Vietnamese city roars a jolly path through life, the exuberance of the scooters, motorcycles, and cyclos forming what appears to be an infinite cavalcade along its French-themed boulevards.

It is the foremost business address in Vietnam, in the main driven by the ethnic Chinese community which makes up a substantial proportion of the city's eight million residents.

Despite new skyscrapers and hotels altering the modern landscape, much of the city scene is focused at pavement level, with street-food stalls dotting street corners and hawkers shouldering their wares, which are suspended from bamboo poles. Such sights and scents

would have been familiar to Graham Greene among others in pre-war days.

A beguiling blend of the old and new and the possible, Ho Chi Minh is very much Vietnam's metropolis of the future.

Now some 110 years old, for example, the Taoist Jade Emperor Pagoda is one of the most spectacular in Asia. Its roof is covered with statues of dragons, birds, and animals, while fiendish-looking Taoist and Buddhist deities inhabit the interior. Carved gilt woodwork, clouds of incense and a general air of mystery combine to provide a very other-worldly ambience.

Pride of place here goes to the statue of the Jade Emperor, the Ruler of Heaven in Chinese mythology. Supplicants will, most of the day, make their devotions. Kim Hua, the goddess of fertility, Yanluo Wang, the King of Hell, lurks

nearby and together with rather explicit illustrations of the fate (think Hieronymus Bosch, but transported a few thousand miles east and you're about right) awaiting sinners in the afterlife. You have been warned...

Art and lacquerware top many shoppers' must-have lists, and there is no shortage of galleries and boutiques stocking both.

For jewellery, including made-to-order items that can be made overnight in some cases, drop by the famed Ngoc Trai shop. Notre-Dame Cathedral Basilica of Saigon (officially – deep breath – Cathedral Basilica of Our Lady of The Immaculate Conception) and its twin spires at the northern end of Dong Khoi is unmistakable, perhaps even more so now that the spires jar with the glass façade of the nearby Diamond Plaza shopping mall. The cathedral was built in the 19th century, complete with ornate marble

reliefs and stained-glass windows; it continues to be used by the city's many Roman Catholics.

Ho Chi Minh – in common with many Asian cities – loves nothing more than to party, although curfews tend to come and go at the mercurial whim of the civic authorities.

Weather permitting, little beats starting the evening with a sunset rooftop cocktail. Try Saigon Saigon for some old world (French) colonial charm, chic modern style of the Chill Skybar. Take your chances at a casino, mix with the locals at one of the many streetside beer joints, or venture down the Saigon River on a dinner cruise.

The adventurous could visit the quaintly-named – and quite legendary – Apocalypse Now bar. Russian roulette might be your cup of tea, but I prefer the advice to "never get out of the boat".

Unless, that is, you're going all the way... AJ

Barry Rotary Club's duck race brings



THE Rotary Club of Barry's Charity Duck Race and Summer Fete, held on Saturday 20th July at the Knap Gardens, has been hailed as a success!

The event was well supported and large crowds cheered as 2,400 ducks raced along a specially created lane in the Knap lake! The winning ducks were as follows:

1st place - Duck 1635, sponsored by Archie Merlini.

2nd place - Duck 1125, sponsored by Harrison Davies.

3rd place - Duck 109, sponsored by Griff's Garage

To add to the entertainment, there were traditional activities such as a coconut shy, craft

and cake stalls plus a host of stalls provided by other local organisations. All in all fun-filled family day with a great range of free entertainment provided by the Vale Council's Sports and Development Team!

Bro Radio also supplied music and commentary throughout the day.

The president of the Rotary Club of Barry, David Jakeway, thanked all organisations and volunteers who took part and supported in various ways, and also thanked the general public who sponsored ducks and came along on the day!

Proceeds from the duck race will be used by Barry Rotary Club to support local good causes.

Vale MP Alun Cairns was among those in attendance and had the pleasure of starting this year's duck race.

People were encouraged to buy a duck ahead of the race, with the winner race awarded a first prize of £200.

Mr Cairns said: "It was a privilege to start the duck race this year. I want to say thank you to everyone who played a role in organising the event, the Rotary Club did a fantastic job again."

"There was so much for people to do throughout the day and I was particularly impressed with Motion Control Dance group, who put on an excellent performance!" *Motion Control are pictured, below, with Mr Cairns and David Jakeway.*



the crowds out to the Knap Gardens



Charity angling competition returns to Llantwit Major

OVER the past 7 years, £12,000 has been raised for a biofeedback machine for children suffering from bladder disorders, Cystic Fibrosis, Marie Curie, The Stroke Association, Diabetes UK, Mental Health Awareness, Wales Air Ambulance, Jade's Wish to Walk, Ty Hafan, A Price on a Life, The Jacob Abraham Foundation and Parkinson's UK.

This year, funds are being raised for Velindre Cancer Centre and St Baruc's Ward Barry, for people with Dementia and Alzheimer's and all funds raised from the entry and raffle will be split between the two charities.

Organisers Mark Cowell and Sally Owen run these events independently, relying on donations from friends, anglers and local businesses for prizes and thank every

one for their continued support as without it, the events would not be such great success. Special thanks go to the Maria Hughes of Llantwit Major Beach Cafe, who has supported the event every year donating cash prizes and allowing the cafe to be used for the book-in and presentations, local businesses Chris Davies Estate and Letting Agents, Ben's Barbers, Sunkissed Beauty and Tanning, Cafe Unwind, Coast Cafe Bar, Chris Pope Motor Services, Jay and Kelly of The Old Swan - and all the fishing tackle shops and anglers who fish and donate prizes every year.

The event will take place on Sunday, August 4 at Llantwit Major beach with cash prizes for winners. For further information or to donate a prize, contact Mark Cowell on 07721 791210 or Sally on 07773 272885.

Reading challenge

A SUMMER reading challenge takes place at Pontyclun Library, Heol-Y-Felin, CF72 9BE on July 30, August 6 and August 13 from 2.30pm - 3.30pm.

Read six library books during the holidays to complete the challenge and collect rewards along the way. There is no age restriction and the event is free. Call 01443 237843 for further information, or see Pontyclun.library@rctcbc.gov.uk or visit www.pontyclun.net/library.

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All Homes4U properties have double glazing and central heating unless otherwise stated and will be allocated to the maximum occupancy.

It may take longer to rehouse you if you are awarded medical priority as there is a shortage of accessible and adapted homes in the Vale.

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- Three bed house

Rent £121.00 inc water

SPRINGFIELD RISE, BARRY (NO PETS)

H4U reference 224321

55+

- One bed flat
- First Floor
- Water Meter
- Community Alarm

Rent £91.72 per week inc alarm

WEST WALK, BARRY (NO PETS)

H4U reference 227830

40+ Pref given to apps with med priority

- One bed flat
- Ground Floor
- Level Access Shower

Rent £102.97 per week inc water

LONGMEADOW COURT, COWBRIDGE

H4U reference 230265

60+ Pref to apps with a medical priority

- One bed flat
- Wet Room
- First Floor
- Warden/alarm

Rent £128.73 per week inc water/warden

PANTYCOED, LLANBETHRY

H4U reference 232445

- Three bed parlour house
- Oil central heating

Rent £119.70 per week inc water

CRAWSHAY DRIVE, LLANTWIT MAJOR

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60+ Preference to apps with a med priority

- Two bed bungalow
- Level access shower
- Community Alarm
- Ramp Front
- Warden

Rent £134.49 per week in water/alarm

GATEHOLM CLOSE, BARRY

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- Ground Floor

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- Two bed flat
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Rent £95.80 per week

ELIS FISHER COURT, BARRY (NO PETS)

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55+ pref to apps with a med priority

- Two bed flat
- Second Floor (lift)
- Level access shower
- Independent Living Officer

Rent £138.97 per week

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You must be a HOMES4U member to apply for any of the rented homes. When bidding for more than one property you will be asked to state your order of preference. All descriptions and other details are given in good faith and are believed to be correct but any potential tenant should satisfy themselves as to their correctness.



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Family Notices

HOBBS

John Barrie (Barrie)

Peacefully at Llandough Hospital on 14th July 2019, with his family present, Barrie, aged 84 years. Beloved husband of Gwyneth and the late Pam. Dear father of Neil and the late Claire Suzanne, loved bampy of Natalie, Declan and Ryan.

Barrie will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Friday, 2nd August at 11am, followed by committal at Cardiff & Glamorgan Crematorium.

Family flowers only. Donations in lieu, if so desired, for The RNLI c/o the funeral director.

HOBBS

John Barrie (Barrie)

Dear brother-in-law to Sheila and Idris, loved uncle to Gary, Lynne and Kim. Great uncle to Liam, Stacey, Bradley and Jake.

At rest with his loved ones.

HOBBS

Barrie

Treasured memories of our beloved brother, forever in our hearts.

God Bless you Barrie,

Love as always, Enid, Norma & Pam

HOBBS

Barrie

In loving memory of a wonderful man. Beloved father of Neil & Deborah and Claire. Grandfather to Natalie & Jason, Declan & Lauren, Ryan and Brandon.

BYRNE
Luke Kevin

Tragically on 18th July 2019, Luke aged 36 years, beloved son of Adrienne and Robert. Loved partner of Gemma and adored dad of Lucas, Kyan-Luca and Codie. Much loved brother of Craig and Donna, loved grandson of Grace Fern.

Luke will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service at All Saints Church on Friday, 9th August at 12.30pm, followed by interment at Barry Cemetery.

Flowers may be sent or donations in lieu, if so desired, for MIND c/o the funeral director. By the families request please free to wear smart, casual, colourful attire.

GREENWAY
Doreen Stella (Do)
(née Harding)

Sadly on 15th July 2019, Do, aged 86 years, beloved wife of the late Jim. Much loved mother of Kevin, Keith, Kerry and Claire. A cherished and adored grandmother and great grandmother. Also a loved sister and auntie.

Do will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Tuesday, 30th July at 11am, followed by committal at Cardiff & Glamorgan Crematorium. Family flowers only. Donations in lieu, if so desired, for The RNLI or Ysgol Y Dderi c/o the funeral director.

MERRETT

Margaret (née Hale)

Peacefully at University Hospital of Wales, Cardiff on 6th July 2019 Margaret (Peggy), beloved wife of the late Ray. Much loved mother of the late Nicholas and Steven, mother-in-law of Julie. A loving grandma of Helen, Adrian, Howard, Richard and Andrew. A great grandma of Matthew, Lucy, Imogen, Dylan, Harrison, Connie and Macsen.

Resting at Maesgwyn Funeral Home, Church Village until the funeral on Friday, 2nd August 2019. Service at Coychurch Crematorium, Bridgend at 3.15pm.

Family flowers only. Donations in lieu of flowers, if desired, to Ty Hafan through just giving web page.

MORRIS

Robert John

Passed away suddenly but peacefully on 16th July 2019, at the University Hospital of Wales. Loved and cherished husband of Melissa. Adored dad of Daniel, Harry, Rosie and Oscar. Beloved son of Margaret and the late Paul. Loved step son of Malcolm. Precious brother to Martine and Andrew.

Rob will be missed by all his family and friends.

He will live on forever in our hearts.

Rob is resting at A.G. Adams Funeralcare until the funeral service on 31st July at 11am at A.G. Adams Chapel, followed by committal at Cardiff and Glamorgan Crematorium.

Family flowers only please.

Donations, if desired, in lieu of flowers to Marie Curie Hospice, Penarth.

The family ask that bright colours be worn.

AYRES

Peter John

Peter died peacefully on 12th July 2019 at home aged 72 years. Loving Husband of Angela, great Dad to Darren and Katrina.

Former PSV Bus Driver with National Welsh.

Resting in the care of A.G. Adams Funeralcare until the service at 2pm on Tuesday, 30th July at St David's Methodist Church, Barry, followed by committal at Cardiff and Glamorgan Crematorium, Port Road, Barry.

Family flowers only. Donations if desired to the British Heart Foundation.

BUNFORD

Stephen

Passed away unexpectedly on 4th July at the University Hospital of Wales.

Funeral arrangements to follow.

DIAPER
Terry

Passed away peacefully on 20th July 2019. Beloved partner of Maureen, much loved father of Jason and Ben, devoted step father and grandfather.

Terry will be sadly missed by all who knew and loved him.

Resting at the Private Funeral Home of W. James & Sons, Funeral Monday, 5th August, service and cremation 2.15pm at Coychurch Crematorium, Bridgend.

No flowers, donations if desired to Alcoholics Anonymous in lieu of all the service and support he has given over many years.

Acknowledgements

WEIR

Philip David John
(Oodle)

Val Weir, Pauline and Lynne send their heartfelt thanks for cards and letters of sympathy received on the sudden death of their dearly loved Philip.

They were quite overwhelmed by the number of lives he had touched, who attended his funeral service and donated £735 in his memory to Barry Dock RNLI.

Our thanks to Father Kevin for a beautiful service at All Saints Church and the committal at the crematorium and to Lyndsay Ellis of The Vale Funeral Service for his compassion, kindness and consideration at this very sad time.

In Memory

MR T.K. FARMAN

Born 31st July 1925
Died 14th January 2009

*Many a lonely heartache, many a silent tear,
but always beautiful memories of a husband,
I loved so dearly.*

*Your ever loving wife
Gwyneth and family.*

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In Memory

COX

Gary

28th July 1989, aged 39 years

Barry Saints and Town Football star goalscorer.

Will never be forgotten

Greatly missed by all family and friends.

WALKER

Barbara Patricia

Her life a beautiful memory,
her absence a silent grief.

Ken and family.

Birthdays

Doreen Fletcher

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Mum



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XXX

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Public Notice

LICENSING ACT 2003

Section 17 (5)

Notice of Application for a Premises Licence

NOTICE IS GIVEN THAT
An application has been made to Bridgend County Borough
Council (the Licensing Authority) for a

PREMISES LICENCE.

To permit licensable activities which it is proposed will be
carried on, on or from the premises shown below.

Details of the application may be inspected between the
hours of: Monday to Thursday 0830 to 1700 hours and
Friday 0830 to 1630 hours at Civic Offices, Angel Street,
Bridgend, CF31 4WB or by visiting the authority's website:
www.bridgend.gov.uk.

Any responsible authority or any other person may make
representations in respect of the application, which must be
submitted, in writing, to the following address before the
date shown below.

Licensing Section, Bridgend County Borough Council,
Civic Offices, Angel Street, Bridgend, CF31 4WB

NAME OF APPLICANT: Roger Evans

NAME AND POSTAL ADDRESS OF THE PREMISES:

80 Cefn Road, Cefn Cnrlwr, Bridgend, CF32 0AW.

STATEMENT OF INTENDED LICENSABLE ACTIVITIES:

(1) (1) Sale of Alcohol for consumption off the premises
Monday to Saturday 08.00 - 23.00 hours and Sunday
10.00 - 22.30.

DATE BY WHICH REPRESENTATIONS MUST BE MADE:

15th August 2019

This notice remains in force from and including the day after
the giving of this notice to the licensing authority, namely
Bridgend County Borough Council for 28 consecutive days.

It is an offence knowingly or recklessly to make a false
statement in connection with an application. The maximum
fine on summary conviction is £5,000.

PUBLIC NOTICE
LICENSING ACT 2003

To whom it may concern:

We, **Burnell and Homfray (Partnership)**, do hereby give
notice that we have applied to the licensing authority (Vale of
Glamorgan Council) for the grant of a premises licence at
The Former Four Bells, Rock Road, St Athan, Barry,
CF62 4PG to be known as **The Roost on Rock Road.**

The licensable activities will be: sale or supply of alcohol

between the hours of 11:00-23:00 Monday to Thursday,

11:00-00:00 Friday and Saturday and 12:00-22:30.

Performance of live music between the hours of

11:00-23:00 Monday to Thursday, 11:00-23:30 Friday and

Saturday and 12:00-22:30. Sunday and playing of recorded

music between the hours of 07:00-23:00 Monday to

Thursday, 07:00-23:30 Friday and Saturday and 07:00-22:30

Sunday.

Any persons wishing to make representations to this application

may do so either in writing to Licensing Department, Vale of

Glamorgan Council, Civic Offices, Holton Road, Barry

CF63 4RU or email to licensing@valeofglamorgan.gov.uk

not later than 28 days after the date of this Notice.

Representations received after this date will not be considered.

A copy of the application can be viewed at the Licensing

Authority's address during normal office hours.

It is an offence knowingly or recklessly to make a false

statement in connection with an application, the maximum fine

on summary conviction being £5000.

Date: 18/07/2019

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Leeds, LS9 1BU, stating
their reasons, within 21
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given at top of the top of
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website: infrastructure-ni.gov.uk/

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A fine Lady Captain's Day at Wenvoe Castle



The winning team of Jane Lott, Caroline Davies and Jill Rodgers, with Lynda Lee, the lady captain at Wenvoe Castle GC.

CAPTAIN'S Day was a special day in the calendar for Lynda Lee, this year's lady captain at Wenvoe Castle Golf Club.

The course was reserved for the lady captain to organise a competition for the lady members and follow with a welcome glass of Prosecco, an excellent lunch and distribution of the prizes.

The competition was very well supported with 34 ladies playing an 18-hole Stableford team event and importantly, a shotgun start meant all arriving back at the club house for lunch at about the same time.

The winning team were Jane Lott, Caroline Davies and Jill Rodgers with an impressive 84 points. Runners-up were Sandra Hathway, Nicola Manning and Silvia Webster scoring a total of 78 points.

Wendy Motton won a special prize for nearest the line on the 14th fairway, the ball finishing just millimetres away from the line. After the golf they were joined by the non-playing lady members, together

with two New2Golf members and all sat down to lunch. Lynda thanked everyone for their support and particularly Debbie Jones and Sue Dayanandar, for setting out the excellent table decorations with 'Kiss Sepsis Goodbye' as the main theme, highlighting the support of her nominated charity Sepsis UK.

Lynda gave particular thanks to Wendy Motton and club secretary Nicola Manning, together with the club professional Jason Harris for organising the day; she expressed special appreciation of the chef and catering staff for presenting and serving an outstanding lunch. The weather conditions on the day were just perfect and Lynda thanked the greens staff for presenting the course in such superb condition. Club captain Lesley Sherrard also took part and received a surprise birthday gift from the lady members, a flowering shrub and a handmade birthday card of Wenvoe Castle Golf Club crafted by committee member Marilyn Davies.

BJ

Llantwit Major under-11s set their sights high this season



The Llantwit Major under-11 team reach the summit.

WITH the new rugby season on the horizon Llantwit Major RFC under-11s started gearing up for the pre-season with the small matter of a team walk up Pen-y-Fan.

With the incentive that this venture was also the team's first fundraiser for their 2019-20 season

rugby tour, the boys had spent the previous weeks getting sponsorship money, emphasising that they were willing to work hard to go on an end of season trip.

In quite tricky conditions the boys (assisted by parents and pets)

set about climbing the Welsh peak, some for the first time. With visibility restricted as they

neared the summit, the group worked hard to keep together and while they couldn't enjoy the beautiful scenery, they did get the traditional team picture at the top.

All the players made it up and down safely and even better news was the fact that the team raised an incredible £900 to put towards their next tour. The under-11s will soon

be announcing their plans for their tour, which is likely to be in May 2020.

The team will start pre-season training soon and the club still has spaces for new players. Training is on a Wednesday night between 7pm - 8pm and for more details see the rugby club page llantwit-majorrfc.mywru.co.uk/teams/3589/under-11s.

Motoring review by Tony Yates Citroen Berlingo (M) (Feel Edition) PureTech 110 S&S – 6 speed

THE design brief for the new Berlingo would have been very simple for Citroen 'build a family or leisure vehicle that you can use every day with the added ability to carry a large amount of gear – which includes the kitchen sink - and must include as many storage holes as humanly possible'. Plus, it has to drive brilliantly.

Power and Efficiency:

The new Berlingo I had on test is powered by a 110HP 1.2 litre petrol engine that performs well and I think is one of Citroen's better engines that will happily return 42.4mpg (combined).

Top speed, of course, is of no concern here, because the Berlingo was designed to be a family and adventure-friendly vehicle. But if you need to know – its top speed is around 109mph and 0-62 comes in at 11.5seconds.

The other important bits like torque figures are more relevant because of the nature of what the Berlingo will be doing and carrying. That 1.2 PureTech 3-cylinder petrol engine produces 250Nm f torque, which is great for all those green fields you will hit while you are out and about on your adventures.

On the road:

The Citroen Berlingo provides a decent ride and is actually very comfortable and well



thought out. The suspension felt good with no sign of a harsh ride. Also, it actually felt very relaxing and I enjoyed driving the family around in it because it fitted in nicely with all we have to do. Plus I have to say this is a brilliant little 'driver's' car. While being easy to jump in and out of, it looks good, and it doesn't cost the earth either – which is a good thing.

Interior & Technology:

Here is a quick run through of what you can expect to find inside the new Berlingo:

eight-inch touchscreen, DAB digital radio with six speakers, USB and 12 volt socket, Bluetooth® hands-free and

media streaming, mirror screen – with Android Auto, leather steering wheel, Green Mica cloth, height adjustable driver's seat, two underfloor storage compartments, full width front overhead storage shelf, driver and passenger dashboard and mounted cup holders.

Plus; one touch front electric windows, variable assistance power steering, height and reach adjustable steering wheel, split folding rear seats (1/3 – 2/3), electric and heated door mirrors, two sliding side doors, pop out opening rear side windows, driver, front passenger, front lateral and curtain airbags, ABS with electronic

brakeforce distribution (EBD) and emergency braking assistance (EBA), electronic stability control (ESC), unfastened seat belt warning on all seats, three rear ISOFIX mounting points, tyre pressure monitor, active Lane Keeping Assistance, Speed Limit Recognition and Active Safety Brake.

To sum up: The Citroen Berlingo is a fantastic little machine. Go and find your next adventure – you won't be disappointed.

Just so you know – both of my friends are now proud owners of a new Berlingo as their second family runaround. Price (from) £19,425.

It's Llantwit v Llantwit in League One clash



TWO young Welsh strikers who learned to play football as youngsters in Llantwit Major will be in a League One face-off in the opening fixture of the 2019-20 season.

It is a real achievement for local sport to see Wes Burns (24) and Adam Roscrow (24) play against each other when Fleetwood Town

host AFC Wimbledon on August 10.

Burns joined Fleetwood (right, in red and white), known as the 'Cod Army', on a permanent deal in January 2017.

He started his career in the youth set up at Bristol City, making his professional debut against Leeds United in January 2013.

Roscrow (left, in blue), Cardiff Met's

top scorer in the Welsh Premier League last season, signed for AFC Wimbledon last month.

In signing for the League One outfit, he gave up the chance to play in the Europa League for Cardiff Met against Luxembourg's Progrès Niederkorn in the preliminary round of the tournament.

Sully Bowls Club's good local derby win

CONGRATULATIONS go to Alan Thomas, Dave Curtis and Brain Griffiths who won the county senior triples title recently.

Last Wednesday, the villagers travelled to Cadoston for the last time before the club unites with Central to form a new club.

It is always sad to see a club go, but the green itself will not be missed.

In the Munro Cup match, a special mention goes to Eddie Pryer, who helped his rink take an eight and win 32-10, with some really good bowling on a very heavy surface.

Scores: K Mahoney, E Pryer, D Hotchkiss, D Edwardes 32-10; R Fitzjohn, R Nethercote, P Neale, A Thomas, 17-10; H Thomas, B Dascombe, A Rees, C Williams 13-17; A Kelly, H Levick Jones, J Best, T Murphy, 14-18; giving a ten point to four 76-55 win.

On Saturday, the visit of Millwood with many ex-Sully bowlers in the side, so a tough game was expected in a strong wind.

After seven ends, Sully were in control with all rinks up and 16 shots

to the good.

At 14 ends Sully still up in all games, with the T Murphy rink under pressure it was 23 shots the difference.

Having made some positional changes, the selectors would have been overjoyed to see the rinks perform so well.

The Dennis Edwards rink with B Curtis, J Hubbard and C Williams goes from strength to strength with a 24-12 win.

The Brian Griffiths rink was tweaked to A Smith, M Hardy and D Hotchkiss and their best win ensued 27-16. A Rees, R Fitzjohn, A Thomas and D Curtis held on for a 20-14 win besides the skip trying the wrong bias approach, drinks all round.

Although never behind from the second end, it was all square playing the last but the home side of D Lougher, D Curtin, J Best and T Murphy took a four to win 21-17, so 14 points and a 92-59 win was a very good outcome.

This week, the villagers are home on Wednesday and Thursday and away at Llantwit Major on Saturday.

Good scoring at Brynhill

WITH overnight rain making the greens more receptive and ideal weather conditions, Brynhill Golf Club members knew there was a good score to be had out on the course.

Therefore, it was no surprise when Nick Topley picked up the Don the Fox Cup with a handicap busting net 67 and in second, just one behind, was James Lewis.

The day's best gross score was posted by Scotty Warne with a 77.

On the team front, Brynhill's Wayhacks continued their disappointing run, with only Jones and Hewlett winning in a 4-1 reverse away to a fine Celtic Manor side. The match was played over the

excellent Roman Road course, which was in tournament condition following the week-end's Celebrity Cup.

With positives in short supply, the highlight for the Brynhill boys was probably the deconstructed cheesecake in the after match meal. The Barry Club welcomes Celtic Manor to Brynhill on Wednesday for the return fixture, and they'll have to up their game if they want to get anything from this match.

This Sunday, the club hosts its yearly members and guests tournament, in which members invite golfers from far and wide to take on this magnificent course.

AS

Good week for Penarth Windsor Bowling team

AFTER an early season defeat at St Fagans, the Windsor first team faced the return match without three of their stars: Messrs Woodcock, Hudson and Turnball.

However, any concerns proved ill-founded as they collected vital league points, winning by 14 shots. Leading the way was the old maestro Ken McLeod with Ellard, Morrish and Palfrey, the rink winning by 29 shots to 15.

There was another rink win for Matthews, Gooding, Rees and Carlisle by a comfortable seven shot margin.

There were, however, two rink losses: Follon, Williams, Lewis and Stevens 21-24 and for Evans, King, Thorne and Hope by 17 shots to 21.

Given the level of player unavailability last weekend, full credit must go to PG2 captain Simon Latham for managing to travel with

a full team to Rectory Road.

Suffice to say that the result was a total disaster for the Windsor men and, on the assumption that the Penarth bowls correspondent will report the full details, this report will spare them double blushes.

However, full credit must go the Penarth PG2 team for a superb performance. They are deservedly riding high at the top of their division and are clearly in danger of promotion come the end of the season!

It is always pleasurable to report two excellent victories for the Windsor midweek teams.

The Alliance started things off with a win over Rhiwbina by eight shots.

Peter Collier temporarily suspended his joke-telling to concentrate on the bowls and, along with White, Hardess and Latham, came away with a 14-10 win.

Davies, Brenton,

Evans and Howells won 23-18 and Johnson, Parker, Rogers and Lewis won by 21-15.

There was however defeat for Peregrine, Ellis, King and Cucciniello 12-19.

The Munro Cup team welcomed Barry Romilly to the Windsor in what is traditionally one of the toughest fixtures of the season.

However, on this occasion the team won on three rinks gaining victory by 66 shots to 57.

The winning rinks were: Woodcock M, Davies, Woodcock A, and Palfrey 22-14. Evans, Parker, Williams and Lewis 15-14. Follon, Ellis, Johnson and Turnball 22-5.

The only unsuccessful rink was Peregrine, Rogers, Thorne and Ellard losing by 24-7.

PM

Brynhill ladies' competition results for July

BRYNHILL GC back 6), runner-up: ladies' section Linda Hewlett (38). results for July are as follows: Bronze winner: Helena Coombes

July 2, Gloucester Bowl, winner: Lily Mae O'Carroll 46 points, runner-up: Lynda Lloyd (40).

July 2, Vets' Trophy, winner: Lynda Lloyd 40 points, runner-up: Robbie Lee (34).

July 9, Vice Captain's Comp, Silver winner: Robbie Lee 38 points (over

(39), runner-up: Lily Mae O'Carroll (37). July 16, John Lowden Golf Foundation/GUW Medal, winner: Jane Phillips nett 68, runner-up: Glynis Gould nett 70.

July 16, - 9 hole competition, winner: Liz Brown 17 points. **JMK**

Museum exhibit yacht to go on display in Barry

ONE of the last remaining boats from the Barry 16 foot Restricted Dinghy Class will shortly be put on display at Barry Yacht Club.

The boat, named *Wind Song*, is presently in the ownership of the National Museum of Wales, having been donated to them in 1977 by her last sailing owner Andrew Wilkins, who lived in Barry for many years.

The boat is to be loaned to Barry Yacht Club for a period from July 27, the day of the club's regatta.

Wind Song will be housed in the old

RNLI lifeboat house, located alongside the BYC clubhouse at the harbour in the dock entrance.

She will be open for public viewing between 10am and 4pm on weekends and at other times on most weekdays, following prior arrangement with the Cub.

To make arrangements to visit the display, contact Brian Dotchon on 01446 736668, email brian@dotchon.com or call Barry Yacht Club on 01446 735511 or email secretary@barryyacht-club.co.uk.

Mixed week for men's and ladies' teams at Penarth Bowling Club

GAVIN and Stacey were replaced on Barry Island by the visit of Penarth Bowling Club last Wednesday in what proved to be somewhat of a comedy of errors in the latest Munro Cup affair.

The only rink that saw the funny side of the trip was that of Nick Chandler, Bob Horne, Mike Conway and Berwyn Lansley as they triumphed by 18 shots to 13. It was a closely-fought encounter on an excellent Barry Athletic green, with the home side winning by 66-57.

Colin Grant, Phil Crocker, Ken Thorne and Terry Buckingham came closest in a tight game losing by 13-16. Only five shots separated the Clive Fry rink while Tony Holmes lost by six shots after a great fight back from being 1-10 down at the seventh end.

On Saturday, Sully Sports came to the Rectory green for a PGI fixture. A glorious afternoon saw Penarth take all 14 points. Some impressive bowling saw all four home rinks winning, for a margin of 97 to 58.

No one was more impressive than Colin Grant, who with the very last wood of the day drew a superb second shot to steal the win by 21-20.

Colin would like to thank his comrades Phil Crocker, Ken Thorne and Terry Buckingham for their confidence in him when faced with the final task.

Feeling more

comfortable was skip Nick Chandler as with Bob Horne, Mike Conway and Berwyn Lansley they secured a 26-11 win. They were in total control throughout and never looked threatened.

The same can be said for Clive Fry, Dave Plank, Jack Bealand and Phil Davies as they strode to an equally impressive win by 26-14. Completing the onslaught was Tony Holmes, Paul Gunter, Paul Church and Russell Daniel with an 11 shot win 24-13.

PG2 captain John Whitfield was much less happy with his Saturday afternoon as his troops suffered a demoralising defeat at the hands of Ely Valley with a score line of 58-101. The spirit of PG2 games was, he felt, somewhat tainted as the home side gathered a flurry of Internationals and first team players to represent them.

However Colin Hicks, Capt John, Billy Croll and Neil Gaskell excelled on the day, taking a 10-0 lead after only four ends, eventually succeeding by 23-18.

Brian Brennan, Mike England, Haydn Trow and Dave Holdaway almost secured another two points as they came back from a six-shot deficit on the 19th end to earn a creditable draw at 21-21.

Skips Dave Dalby and Dave Clements found their opposition much too strong and were both soundly beaten.

The ladies of Rectory had a slightly less than enjoyable week as defeat ensued in two of the three

games played.

The first loss against near rivals Windsor in a close encounter, but it was a win by six shots to Windsor. Wendy Grant, Sue Croll, Jill Gaskell and Chris Davies surged in to a 1-0 lead on the first end, but unfortunately that was the only time that they held the advantage, losing 15-22. Belinda Price, Kath Jenkins, Betty Jones and Chris Church managed to hold on to their lead, winning by 19-18.

The second defeat occurred at Rectory when Millwood were the visitors. The smallest of margins separated the two sides as Millwood won by 23-24. Joan Lewis, Diana Willcocks, Maureen Dalby and Anne Thomas lost by just two shots 12-14, while Jayne Edwards, June Williams, Mary Bowen and Lynda Jones were winners by one shot 11-10.

The one win of the week was worth waiting for as a resounding win at Millwood in the Afternoon League was recorded. Architects of this win was the Sue Croll, Betty Jones, Joan Lewis and Chris Church rink which strode to a 27-6 win.

Also in winning mood were Wendy Grant, Tricia Brinkworth, Jill Gaskell and Chris Davies who masterminded a 19-6 victory and were never behind in the game. Belinda Price almost managed to snatch a win from the jaws of defeat but could only pick up a three on the last end to lose by the narrowest of margins 15-16.

NC

Cowbridge ladies' team record a fine victory

FEWER matches were played last week with some good results for Cowbridge Bowls Club, and others not so good.

On Wednesday, July 17, the ladies were away to Barry Romilly in the two-rink Evening League.

Although the rink of Lynda Wilson, Gloria Howells, Helen Nixon and Joan Bradley won 15-12, earning three valuable away points, the other Cowbridge quartet was well beaten.

Cowbridge lost overall. The following afternoon, in the Thursday league, all three rinks contributed to a fine win at home to Murch ladies from Dinas Powys.

Rink scores: Dorothy Pritchard, Tina Payne, Elaine Dobie and Kay Edwards 16-13; Diane Purnell, Sian Lewis, Phyllis Price and Lynda Wilson 18-9; Maggie Penn, Janet Morton, Joy Woolford and Helen Nixon 20-7.

Match score: Cowbridge 54 Murch 29.

The men played two midweek games, both at home, but with mixed fortunes.

The first of these was

an Evening League triples game against Pontyclun.

Rink scores: Arwyn Rees, Owen Hopkin and Andrew Morgan 16-26; Mike Fahey, Terry Foley and Bob Penn 11-21; Alan Jordan, Tony Lewis and Colin Wilson 11-21; Ron Dobie, Guy Morton and Clive Pritchard 20-12.

Match score: Cowbridge 58 Pontyclun 71.

The following day Sully Sports were the visitors for a Munro Cup game.

Rink scores: Alan Jordan, Phil Woosnam, Guy Morton and Andrew Morgan 31-5; Terry Dunsworth, Nick Gough, Colin Wilson and Clive Pritchard 24-10; Gerry Lloyd, Mike Fahey, Tony Lewis and Bob Penn 29-6; Ron Dobie, Ken Payne, John Nixon and Roger Barwick 15-19.

Match score: Cowbridge 99 Sully Sports 40.

For their last game of the week, the men welcomed league leaders St Albans to Cowbridge.

St Albans had only lost one league game this season and would provide formidable opposition.

Looking across the score boards, as the

game progressed, was interesting as the scores changed.

After 11 ends St Albans led by 2 shots. After 15 ends Cowbridge led by 5.

After 18 ends it was 62 shots to each team. It was a game that could have gone either way and after the 21st and final end, Cowbridge had won on 2 rinks and St Albans had won on 2, but there was a 2-shot difference in Cowbridge's favour, plus 10 welcome points for winning overall.

Rink scores: Gerry Lloyd, Terry Foley, Andrew Morgan and Bob Penn 14-20; Ron Dobie, Ken Payne, Clive Pritchard, Alan Wallace 24-17; Mansel Davey Dennis Snelling, John Nixon and Roger Barwick 19-16; Terry Dunsworth, Bryan Hole, Colin Wilson and Norman Wilkinson 15-17.

It was truly a memorable match played in good spirit.

Next season, the teams will be in different leagues but there is already talk of getting together to play in a friendly.

MB

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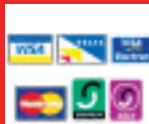
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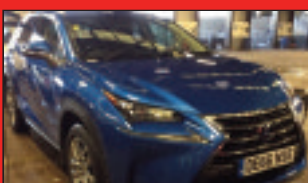
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Glamorgan CC skipper aiming for T20 success

CAPTAIN Colin Ingram believes his experiences in Twenty20 leagues across the world have made him a better leader as he aims to end Glamorgan's wait for a Vitality Blast title.

The hard-hitting South African is one of world cricket's most travelled professionals, having played in several different T20 leagues from India to Australia and from Afghanistan to the Caribbean. It is in Wales, however, where he feels most at home and where the 34-year-old plans to set down roots in Cardiff with his family.

"(Cardiff is) my cricket home and where my family hope to settle permanently in the future," he said.

"We regard Cardiff as our second home, and it has everything you could wish for to bring up a small family."

Since arriving in Wales four years ago, Ingram has been Glamorgan's most consistent performer in T20, during which time they reached just their second Finals Day in 2017. After a winter that saw him play for the Delhi Capitals in the Indian Premier League, while he also captained Adelaide Strikers in the Big Bash, he feels ready to make an even greater mark.

"I have learnt a lot about captaincy, and what I've learnt can be put into practice at Glamorgan," he said, ahead of their home opener against Somerset last Friday evening.

Ingram found his spell with the Delhi Capitals a worthwhile learning experience, even if things did not always go his way. "It was very tough, as I had limited opportunities. I have always batted up the order, but for Delhi I was constantly coming in at number five or six with only a few runs needed to win.

"I am now back on familiar territory, and with all the experience I've gained in tournaments around the world I am hoping that can help the players and I am sure we can all enjoy a successful T20 tournament."

Lady captains go Hawaiian for special competition day

ST Athan Ladies Captains' Day is always a well supported event and joint captains Denise McGowan and Mags Vecchi were delighted to see past and present members gather to celebrate with them.

At the beginning of their tenure, Mags and Denise (pictured below) believed totally in the adage 'two heads are better than one', appreciating that they would be able to share the workload throughout the year. They also came up with the idea of a Hawaiian theme, so flower garlands, grass skirts, and palm trees were much in evidence.

Several of the male members were called upon to assist and the ladies were delighted to discover that their cocktail waiters were the club captain Gerald Thomas, ably assisted by greenkeeper/player Craig Sherman.

There was much hilarity on the putting green, and Hwyl Phillips-Morgan was delighted to announce

Carol Jones the victor.

The format for the golf was a shotgun start Stableford competition with prizes also awarded for longest drives, nearest the pin and nearest the line. Only the width of another golf ball separated Roz Martin-Jones' ball from the line and Shirley Lewis 'smashed' the longest drive!! The 'Nearest the Pin' marker quickly became immaterial as on the seventh, Lily-Mae O'Carroll had a hole in one!

Lily-Mae could not contain her excitement as she videoed herself walking from tee to green to retrieve her ball from the cup.

The clubhouse was the venue for the awards presentation and a superb buffet provided by Leanne Gordon and her team greeted the ladies. Mags and Denise ensured that the formalities were conducted prior to too many cocktails being consumed and were delighted to award a prize to Wendy Thomas for carding the best score in a nine-hole competition set up especially for the lady members who, at the present time, find playing 18 too arduous.

The main competition saw prizes going to Gill Jones and Rose Dawson, runner-up and winner respectively in the bronze division while the silver division winner was Steph Bonnar, with Lily-Mae O'Carroll as runner-up; both with 41 points so the count-back ruling came into play.

Denise and Mags would like to thank everybody for making their day so special; they recognise that there are many people 'behind the scenes' who often get overlooked and special thanks must go to those.

Denise, Mags and their fellow golfers warmly welcome anyone thinking of joining their section.



For further information, contact club manageress, Anita, on 01446 751043. CM



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CO₂ emissions (g/km) 127 - 111*. Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load. *There is a new test used for fuel consumption and CO₂ figures. The CO₂ figures shown however, are based on the outgoing test cycle and will be used to calculate vehicle tax on first registration. Retail sales only, subject to availability for vehicles registered between 01.07.19 and 30.09.19 at participating dealers. T&C apply. *4.1% APR Mazda Personal Contract Purchase available on Mazda2 models. Finance subject to status, 18s or over. Guarantee may be required. Mazda Financial Services RH1 1SR. Model shown: Mazda2 115ps GT Sport Nav+. OTR from £17,795. Model shown features optional Machine Grey Metallic paint (£660). OTR price includes VAT, number plates, delivery, 12 months' road fund licence, first registration fee, 3 year or 60,000 mile warranty and 3 years' European roadside assistance. °Test drives subject to applicant status and availability. Details correct at time of going to print. Not available in conjunction with any other offer unless specified. Victoria Park Motor Company Limited, trading as Victoria Park Mazda is a credit broker not a lender for this financial promotion. We can introduce you to a limited number of carefully selected finance providers and may receive a commission from them for the introduction.





18 18 BMW 520i M Sport 4dr Automatic, sat nav, xenons, cruise, 15k, white, full leather

£23995



18 18 PEUGEOT 5008 1.6 BlueHDI Allure 5dr Automatic (7-Seater), sat nav, reverse camera, 29k, black

£20995



15 15 VAUXHALL ASTRA 1.6 CDTi 16V EcoFlex 136 Tech Line GT 5dr, sat nav, 46k, grey

£6995



16 16 AUDI A5 2.0 TDI 190 S-Line 5dr Multi-tronic Automatic, sat nav, 37k, black, full leather

£16995



16 65 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr Auto, sat nav, reverse camera, white, full leather

£14495



16 16 VOLVO XC90 2.0 D5 R-Design 5dr AWD Geartronic Auto (7-Seater), 20" Alloys, sat nav, 42k, grey

£29995



16 16 NISSAN QASHQAI 1.5 DCI N-Connecta 5dr, comfort pack, pan roof, sat nav, reverse camera, 15k, choice

£10995



11 11 BMW X1 XDrive 2.0 D M Sport 5dr, 18" alloys, heated seats, white, full leather

£8995



16 66 VAUXHALL INSIGNIA 2.0 CDTi 170 SRI VX-Line 5dr Auto, 19" alloys, sat nav, cruise, 22k

£11495



15 64 BMW M135i 3.0 M Sports 5dr automatic (321bhp), sat nav, Bluetooth, 34k, orange, full oyster

£16495



16 16 NISSAN JUKE 1.5 DCI Tekna 5dr, sat nav, heated seats, 26k, choice, full leather

£7995



17 66 VW GOLF 2.0 TSI Blue Motion Tech GTI 5dr Automatic (220bhp), sat nav, cruise, heated seats, 10k, choice

£17995

16 16 ABARTH 595 1.4 T-Jet Trofeo 3dr (140bhp), 17" alloys, Bluetooth, aux, usb, 20k, red.....**£8995**

17 17 AUDI Q2 1.6 TDI S-Line 5dr, Audi warranty April 2020, sat nav, cruise, Bluetooth, 17k, white, half-leather.....**£19495**

16 16 AUDI Q5 2.0 TDI Quattro S-Line 5dr, 19" alloys, xenons, 16k, black, full leather.....**£20995**

17 17 BMW 118 D M Sport 5dr Automatic, BMW warranty April 2020, sat nav, Bluetooth, cruise, blue.....**£13995**

16 16 BMW 220 D XDrive Luxury Gran Tourer 5dr Automatic (7-Seater), sat nav, reverse camera, heated seats, red, full leather.....**£13795**

16 66 BMW 320 D M Sport GT 5dr, BMW warranty Dec 2019, pro sat nav, heated seats, cruise, silver, full leather.....**£14495**

18 18 BMW 320 D Sport 4dr Automatic, BMW warranty March 2021, sat nav, heated seats, cruise, Bluetooth, 6k, white.....**£18495**

14 14 BMW 420 D M Sport Convertible Automatic, 19" alloys, sat nav, white, full leather.....**£15995**

16 66 BMW 430 D M Sport Gran Coupe 5dr Automatic (260bhp), BMW warranty Sept 2019, pro sat nav, reverse camera, 19" alloys, black, full leather.....**£18795**

16 16 BMW 430 D M Sport 2dr Coupe Automatic (260bhp), pro sat nav, xenons, 30k, grey, full leather.....**£19495**

18 18 BMW X1 2.0 SDrive D M Sport 5dr, BMW warranty April 2021, sat nav, heated seats, privacy glass, blue, full leather.....**£19795**

13 13 CITROEN DS3 CABRIO 1.6 VTI DStyle Plus 2dr, cruise, air-con, aux, usb, grey.....**£4495**

16 16 DS DS3 1.2 Puretech Elegance 3dr, ds warranty until June 2019, cruise, dab, 17" black alloys, 17k, yellow.....**£7995**

17 17 DS DS3 1.6 BlueHDI Prestige 3dr, DS warranty April 2020, sat nav, cruise, 17" alloys, yellow.....**£8495**

18 68 DACIA SANDERO STEPWAY 0.9 TCE Comfort 5dr, Dacia warranty Nov 2021, sat nav, air-con, 6k, white.....**£8995**

16 66 FIAT 500X 1.6 MultiJet Pop Star 5dr, sat nav, cruise, Bluetooth, grey.....**£8995**

15 65 FORD ECOSPORT 1.0 EcoBoost Titanium 5dr, Bluetooth, cruise, 25k, black, half-leather.....**£8495**

17 17 FORD EDGE 2.0 TDCi 180 Sport (Lux Pack) 5dr 4WD, Ford warranty July 2020, pan roof, sat nav, blue.....**£20995**

17 17 FORD FOCUS 1.5 TDCi 120 Zetec Edition 5dr, Ford warranty April 2020, sat nav, cruise, Bluetooth, choice.....**£9495**

18 18 FORD FOCUS 1.0 T EcoBoost ST-Line 5dr (140bhp), Ford warranty Feb 2021, sat nav, Bluetooth, 6k, choice.....**£13795**

18 68 FORD FOCUS 1.0 EcoBoost 125 ST-Line Nav 5dr (New Model), Ford warranty Oct 2021, sat nav, pdc, dab, 5k, blue.....**£17495**

16 65 FORD FOCUS 1.5 TDCi Zetec Estate, sat nav, rear park assist, white.....**£8495**

17 17 FORD FOCUS 1.5 TDCi 120 Titanium 5dr, sat nav, cruise, Bluetooth, 14k, choice.....**£10995**

17 17 FORD MONDEO 2.0 TDCi Eco Zetec Estate, sat nav, cruise, choice.....**£10995**

16 66 FORD S-MAX 2.0 TDCi Titanium 5dr (7-Seater), Ford warranty Feb 2020, sat nav, cruise, met red.....**£16995**

16 16 HONDA JAZZ 1.3 i-VTEC EX 5dr, Honda warranty June 2019, Bluetooth, reverse camera, dab, pdc, 9k, orange.....**£9795**

14 14 HYUNDAI SANTA FE 2.2 CRDi Premium 5dr Automatic 4WD, sat nav, reverse camera, 37k, black, full leather.....**£14295**

16 16 HYUNDAI TUCSON 1.7 CRDi BlueDrive Premium 5dr, Hyundai warranty July 2021, sat nav, reverse camera, 25k, black, full leather.....**£13495**

17 66 HYUNDAI TUCSON 1.7 CRD BlueDrive SE Nav 5dr, Hyundai warranty March 2022, sat nav, heated seats, reverse camera, black.....**£11995**

17 17 INFINITI Q30 2.2 D Premium 5dr DCT Automatic 4WD, Infiniti warranty June 2020, pan roof, sat nav, 14k, silver.....**£12995**

14 64 JAGUAR XF 2.2 D (200) R-Sport 4dr Automatic, sat nav, reverse camera, 20" Alloys, grey, full leather.....**£10995**

17 17 JAGUAR XF 2.0 D 180 Portfolio 4dr Automatic, Jaguar warranty March 2020, sat nav, reverse camera, 10k, choice, full leather.....**£17995**

13 63 JEEP GRAND CHEROKEE 3.0 CRD Summit 5dr Automatic 4WD, pan roof, sat nav, 42k, met red.....**£17995**

16 66 KIA SPORTAGE 1.7 CRD ISG 4 5dr, Kia warranty Oct 2023, sunroof, sat nav, red, full leather.....**£13495**

16 16 KIA SPORTAGE 2.0 CRD GT-Line 5dr AWD, Kia warranty April 2019, sat nav, reverse camera, 21k, black, full leather.....**£14995**

17 17 KIA SPORTAGE 2.0 CRDi KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, choice, full leather.....**£16495**

17 66 LAND ROVER RANGE ROVER SPORT 4.4 SDV8 Autobiography Dynamic 5dr Automatic 4WD, Land Rover warranty Feb 2020, pan roof, rear seat entertainment, sat nav, stealth pack, 21k, silver, full leather.....**£47995**

16 16 MAZDA CX-5 2.2 D Sport Nav 5dr, sat nav, reverse camera, 32k, grey, full leather.....**£15495**

16 66 MAZDA MX-5 1.5 SE 2dr Convertible, Mazda warranty Jan 2020, air-con, usb, aux, 14k, white.....**£12495**

17 67 MERCEDES A180 AMG Line Executive 5dr 7G DCT Automatic (Night Pack), Mercedes warranty Oct 2020, sat nav, heated seats, 6k, white, half-leather.....**£18995**

16 16 MERCEDES E220 CDI Bluetec AMG Night Edition 4dr 7G-Tronic, sat nav, heated seats, blue, full leather.....**£14495**

16 16 MERCEDES E220 CDI Bluetec AMG Line 2dr Coupe 7G-Tronic, sat nav, 39k, black, full leather.....**£15995**

17 67 MERCEDES GLA220 D AMG Line 4Matic 5dr 7G Automatic, Mercedes warranty Nov 2020, cruise, 14k, black, half-leather.....**£20995**

12 12 MINI COUPE 1.6 (190) S 3dr, air-con, alloys, aux, 26k, blue.....**£6495**

15 65 MINI COOPER 1.5 5dr, chilli + tlc pack, cruise, Bluetooth, 14k, met blue, half-leather.....**£9995**

15 65 MINI COOPER 1.5 D 5dr Automatic, media pack xl - sat nav, privacy glass, chilli + tlc pack, 27k, blue.....**£10795**

16 66 MINI COOPER 1.5 5dr, Mini warranty Dec 2019, Bluetooth, dab, air-con, aux, usb, met blue, 27k.....**£10495**

17 67 MINI COOPER 2.0 S Seven 5dr (192bhp), Mini warranty Oct 2020, chilli pack, sat nav, cruise, 9k, choice, half-leather.....**£14495**

16 66 MINI CONVERTIBLE 2.0 S 2dr, Mini warranty Dec 2019, jcw chilli pack, sat nav, 14k, aqua, full leather.....**£15495**

13 63 MINI ROADSTER 1.6 Cooper S 2dr Convertible, heated seats, xenons, 49k, black, full leather.....**£7995**

17 67 NISSAN QASHQAI 1.5 DCI Acenta 5dr, Nissan warranty Oct 2020, cruise, Bluetooth, aux, usb, 14k, blue.....**£12995**

17 67 NISSAN X-TRAIL 1.6 DCI N-Vision 5dr, Nissan warranty Oct 2020, pan roof, sat nav, reverse camera, 11k, grey.....**£15495**

16 16 PEUGEOT 308 1.6 BlueHDI 120 Active 5dr, sat nav, cruise, pdc, 19k, black.....**£8795**

17 67 RENAULT CAPTUR 0.9 TCE Energy Expression + 5dr, Renault warranty Nov 2021, Bluetooth, cruise, 6k, black.....**£9995**

18 18 SEAT LEON 1.2 TSI SE Dynamic Technology 5dr, Seat warranty until April 2021, sat nav, cruise, 9k, choice.....**£11795**

18 68 SMART FORFOUR 1.0 Passion 5dr, Smart warranty Oct 2021, cruise, Bluetooth, alloys, 6k, two tone met red over silver.....**£6795**

15 65 SUZUKI VITARA 1.6 DDIS S25 AllGrip 5dr, 4wd, sat nav, pan roof, white, half-leather.....**£9995**

16 16 SUZUKI VITARA 1.6 SZ-T 5dr, Suzuki warranty Aug 2019, sat nav, reverse camera, cruise, dab, 25k, red.....**£9995**

17 66 TOYOTA AVENSIS 1.6 D-4D Active 4dr, air-con, cruise, Bluetooth, 16k, white.....**£10495**

15 64 VAUXHALL ADAM 1.4 i (100) Slam 3dr, 18" black alloys, air-con, 43k, black.....**£6295**

17 67 VAUXHALL ASTRA 1.6 CDTi Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather.....**£10495**

15 15 VAUXHALL CORSA 1.2 Sting 3dr, cruise, 16" white alloys, 44k, red.....**£4795**

18 18 VAUXHALL CORSA 1.4 T White Edition (150) 3dr, Vauxhall warranty July 2021, air-con, cruise, white.....**£10995**

16 16 VAUXHALL INSIGNIA 1.6 CDTi EcoFlex SRI Nav 5dr, sat nav, cruise, heated seats, black.....**£7995**

18 18 VAUXHALL INSIGNIA 1.6 Turbo D Ecotec Tech Line Nav 5dr, Vauxhall warranty April 2021, sat nav, reverse camera, 10k, black.....**£13495**

17 66 VW GOLF 2.0 TSI R 5dr 4WD (300bhp), VW warranty Feb 2020, sat nav, cruise, Bluetooth, heated seats, 19k, choice, full leather.....**£20495**

15 65 VW PASSAT 2.0 TDI BlueMotion Tech GT Estate DSG Automatic, sat nav, reverse camera, silver.....**£12495**

16 66 VW POLO 1.8 TSI Bluemotion Tech GTI 5dr, VW warranty Dec 2019, cruise, xenons, dab, usb, 28k, white.....**£12795**

15 65 VW TIGUAN 2.0 TDI Bluemotion Tech R-Line 5dr DSG Automatic 4WD, sat nav, cruise, 31k, white, full leather.....**£14995**

17 17 VW TIGUAN 2.0 TDI BMT 150 SE Nav 5dr DSG Automatic, VW warranty June 2020, sat nav, reverse camera, 16k, choice.....**£18995**

17 67 VOLVO V40 2.0 T3 (152) R-Design Pro 5dr, Volvo warranty Oct 2020, sat nav, 18" alloys, 18k, choice.....**£12795**

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62 BMW X1 2.0D X DRIVE, X LINE
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16 MAZDA 2 SPORT 15D NAV
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14 MERCEDES E350 SPORT Auto Estate
In black, 2 owners, FSH
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- 63 RANGE ROVER 4.4 TDV8 Vogue SE 5-Dr in black with cream leather, 73,000 miles, new shape**£33,995**
64 LANDROVER DISCOVERY 4 HSE SDV6 Auto "Black Edition" in met grey, 46,000 miles, 7 seater.....**£24,995**
66 BMW X1 2.0D X-DRIVE AUTO M-SPORT in white, 34,000 miles, 1 owner, host of extras**£20,695**
16 AUDI A4 S-Line 2.0 TDi in tango red, 30,000 miles, Sat Nav etc**£16,995**
66 AUDI A4 SPORT Ultra 2.0 TDi Estate in black, 37,000 miles, £20 road tax**£15,995**
66 VW PASSAT GT 2.0TDI Blumotion Estate Automatic in met black oak with pan-roof, sat nav etc**£14,795**
14 LAND ROVER FREELANDER SD4 Metropolis 2.2D Automatic in Met blue, pan sunroof, sat nav, cream heated leather, FSH**Reduced by £500 to £13,995**
14 MERCEDES E350 SPORT Auto Estate in black, 2 owners, FSH sat nav etc**Reduced to £12,999**
67 VAUXHALL MOKKA X ACTIVE 1.4 turbo in amber orange, 8,000 miles, one owner**£11,995**
64 MINI COUNTRYMAN 2.0 Diesel Cooper Automatic met blue, 28,000 miles**£11,995**
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65 FORD FOCUS 1.0 ZETEC 5dr In black, 14,000 miles, low running costs**£9,995**
54 AUDI RS6 AVANT QUATTRO 4.2 V8 Auto in met silver with black leather, 100,000 miles, classic at**£9,995**
15 MAZDA 3 SE-L NAV 2.0 AUTO 5dr In black, 42,000 miles, high spec**£9,995**
14 SKODA SUPERB 2.0 TDi Elegance CR (170) in Cappuccino beige, 48,000 miles, Sat Nav, leather seats**£9,995**
16 VAUXHALL INSIGNIA 1.8 SRI Nav 5dr In met grey, 25,000 miles, ideal family hatch**£9,495**
13 AUDI A1 S-Line 1.4 TFSI 5-DR Automatic In red, 73,000 miles, very nice example**Reduced by £1000 to £8,995**
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14 BMW 120D SE 5-Dr In Red, 60,000 miles, fantastic MPG + low road tax**Reduced by £1000 to £8,995**
13 VW GOLF 2.0 TDi GT 3dr in white, 78,000 miles with Sat Nav, etc**£8,995**
65 HYUNDAI i20 PREMIUM MPT 1.4 Automatic in white, 41,000 miles, nice example**£8,795**
16 CITROEN C4 Flair Blue 1.6 HDi 5dr in black, 24,000 miles, 1 owner**£8,495**
66 TOYOTA YARIS 1.3 VUTI 5dr in white, 24,000 miles wiht sat nav**£7,995**
65 CITROEN C4 CACTUS BLUE HDi FEEL 1.6D In red, 37,000 miles, DAB radio, free road tax**£7,995**
65 MAZDA 3 SPORT 2.2 Diesel 5dr in met blue, 88,000 miles, host of extras**£7,995**
16 SKODA FABIA 1.4 TDi SE 5dr in white, 39,000 miles with keyless-go etc**£7,995**
16 CITROEN BELINGO M-SPACE 1.6D "Feel" in met blue, 58,000 miles**£7,995**
62 NISSAN QASHQAI 1.6 Accenta +2 in black, 64,000 miles, 7 seater with pan roof**£7,795**
65 SKODA FABIA 1.0 MPI SE 5-dr in black, 22,000 miles, 1 owner**£7,495**
16 MAZDA 2 SPORT 15D NAV in met grey, 42,000 miles, Free Road Tax**Reduced by £1500 to £7,495**
16 VAUXHALL CORSA 1.4 ECO FLEX SRI 5dr in white, 34,000 miles, new shape**£7,495**
16 SUZUKI SWIFT 12 S2-L 5dr Horizon in orange, 12,000 miles, 1 owner, £30 road tax**£7,295**
65 VAUXHALL CORSA 1.0 EXITE 3dr in black, 22,000 miles, 1 owner**£6,995**

- 13 FORD FIESTA 1.0 ECO ZETEC 5dr in black, 25,000 miles, free road tax**£6,995**
61 VW GOLF 2.0 TDi GTD 3 dr in black with black leather sports seats 105,000 miles**£6,995**
15 FORD FIESTA 1.0 TURBO ZETEC 5dr in black, 44,000 miles, free road tax**£6,995**
15 VAUXHALL INSIGNIA 2.0 CDTi Eco SR Nav Estate in black, 76,000 miles**£6,995**
14 CITROEN DS4 D-Style Air Dream 1.6 Diesel Automatic in red, low miles, low tax**£6,995**
13 MITSUBISHI ASX 1.8 Diesel 4x4 in black with leather, sat nav etc, 78,000 miles, FSH**£6,995**
11 LEXUS CT 2.00H SE-i Auto Hybrid in met white, 92,000 miles, free road tax**£6,995**
62 HONDA CIVIC 2.2 Diesel ES 5dr in bronze, 47,000 miles, excellent MPG**£6,795**
61 SSANGYONG KORANDO 2.0 EX Diesel Automatic, 63,000 miles, met orange, 4x4**£6,795**
16 DACIA STEPWAY 1.5 Diesel Laurette in black, 50,000 miles, 1 owner, sat nav etc**£6,795**
65 VW HIGH UP 1.0 5dr in black, 24,000 miles, sat nav etc**£6,495**
64 FORD FIESTA 1.2 ZETEC 3-Dr in met grey, 21,000 miles **£6,495**
61 VOLKSWAGEN PASSAT SE blumotion tech 1.6D in Iceland grey, 51,000 miles, FSH, bluetooth, P/S, DAB radio**£6,495**
14 FORD FIESTA 1.6 TDC ZETEC ECONETIC 5-dr in grey, 42,000 miles, FREE road tax**Reduced to £6,495**
16 SUZUKI SWIFT SZ3 1.2 5dr in boost blue 38,000 miles, 1 owner £30 road tax**£6,495**
12 NISSAN QASHQAI 1.6 ACENTA in silver, 65,000 miles**Reduced by £1200 to £6,495**
63 PEUGEOT 208 ALLURE 1.2 5-dr in black, 36,000 miles, low running costs**Reduced by £500 to £5,995**
64 NISSAN NOTE 1.2 ACENTA in sonic blue, 26,000 miles, £20 road tax**£5,995**
63 VAUXHALL ADAM 1.4 SLAM Yellow with black roof, 41,000 miles, very trendy**£5,995**
63 HYUNDAI i20 ACTIVE 5dr in met blue, 14,000 miles, 1 owner**£5,995**
11 SEAT LEON 2.0 TDi FR Auto 5dr in track grey, 76,000 miles**£5,995**
14 VAUXHALL CORSA 12 CDTi Limited Edition 5dr in red, 22,000 miles, A/C, alloys etc**£5,995**
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64 VAUXHALL CORSA 1.4 SXi 5dr In black, 33,000 miles, alloys, A/C etc**£5,495**
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63 FIAT 500 LOUNGE TURBO 875cc in White, 34,000 miles, pan roof, bluetooth, climate control**£4,995**
13 SKODA Rapid 1.2 TSi Elegance In met grey, 51,000 miles, ideal family hatch**Reduced by £500 to £5,495**
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13 FIAT PANDA 1.2 LOUNGE 5dr in blue, 53,000 miles, low running costs**£3,995**
11 VAUXHALL MERIVA 1.7 CDTi EXCLUSIVE In met bronze, 67,000 miles**£3,495**



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13 AUDI A1 S-LINE 1.4 AUTOMATIC
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£8,995



12 NISSAN QASHQAI 1.6 ACENTA
In silver, 65,000 miles
£6,495



63 VAUXHALL ADAM 1.4 SLAM
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Hugh lifts the Phil Price Cup at St Mary's

FORMER captain Hugh Williams flew the flag for St Mary's senior section when he lifted the trophy in the club's Phil Price Cup competition with a fine score of 41 stableford points, five better than par and four clear of the runner-up.

Several days later, a good field of 39 members teed off in the senior section's own competition, a qualifying stableford played off the white tee boxes.

The continued fine weather encouraged good scoring and, although not quite

matching the brilliance of Williams' 41 points in the Phil Price Cup, a host of players bettered the par score of 36 and a count back was necessary to separate the three leaders who were tied on 39 points.

With the abacus safely back in its box, the victory was awarded to proud Brian Peacock, with Gordon Campbell second and Gordon Martin placed third.

Twos were scored by Norman Lloyd and Dave Martin (second hole), Wayne Newton (10th), Andrew Lane (14th) and Owen Maund (18th).

NL

Brynhill GC open day is a big success

RECENTLY, Brynhill held its annual Open Day: with the course looking pristine and a day of gorgeous weather, good scores were anticipated and big hitter Craig Balchin didn't disappoint.

Winning with a solid 42 best guest was Wenvoe's Pat Regan with a fine 39.

The winner of the longest drive was Celtic Manor's Carwyn Morgan while Barry Boy Nick Daniels claimed nearest the pin on the 16th.

Sunday saw a Stableford 4 ball better ball.

The best two on the day were Ritchie Mason and wily veteran John Kirkpatrick, who came in with an impressive 45 points, two less than the second-placed pairing of D Taylor and Burgoyne.

On the team front, Brynhill Halletteers went down guns blazing at Green Meadow in the cup quarter final, before losing their last home league match to

Aberdare.

All games went to the wire but sadly only team captain Gratton and his partner Pudge could card a win, with Jones and Perkins scrambling a half.

This is Brynhill Hallets' first season back in the league for a number of years, so realistically it was all about building a new team.

Disaster for the (not so) Wonderful Wayfarers who lost at Radyr 5-0. It's been a hard season for the Wayfarers as they've lost many of last year's stars to handicap reduction.

Meanwhile, the Seconds fought out a draw with Dinas Powys first team, with Ham and Penberthy sadly having to concede their match and the Lundrigan-Price duo drawing, it was left to Williams and Millar to snatch the draw, which they did with a superb 4 and 3 victory.

At time of going to press no first team results were available.

AS

Party in the Park

BARRY Beavers Disabled Swimming Club's Party In the Park IV will be at Porthkerry Country Park on August 4.

Tickets can be bought

from the club this Saturday at 3.30pm for £3 per ticket at Barry Leisure Centre, or on the day too; members are free.

NC

A tough week on the road for depleted Sully Sports Bowling Club team

SULLY Sports Bowls Club made their longest trip in their Munro Cup campaign on Wednesday, July 17 to play Cowbridge.

The fast all-weather carpet green did not suit the visitors, and the home side "made hay while the sun shone," to inflict a 99-40 defeat on the Sports.

The weakened Sports side did avoid a whitewash as Ken Agius' rink triumphed in a back to the wall effort.

On K Agius' rink the lead changed hand six times, and with five ends left, the visitors were facing defeat, trailing by 5 shots, but the Sports took all the remaining ends to record a 19-15 win.

C Coomber's rink lost the opening five ends, and trailed by 13 shots at the halfway point, and although they shared the remaining ends, they failed to close the gap, going down 10-24.

K Roman's rink were restricted to singles on each of the six ends that they won, with the home rink playing some excellent bowls, especially home skip Bob Penn,

with the result going to Cowbridge by 29-6.

A Collard's rink were also up against it, as the home outfit used their knowledge of the carpet green, bowled superbly, winning the opening seven ends, and cruising to a 31-5 victory.

Rink Scores: P Collier, D Davies, P Holland, A Collard 05-31; M Stafford, J Harries, G Tricket, K Romans 06-29; J Pearce, B Knight, G Currie, C Coomber 10-24; D Burbridge, R Gallivan, D Austin, K Agius 19-15.

Sully Sports Man-of-the-Match: D Burbridge.

On Saturday, July, 20 Sully Sports travelled to Penarth Rectory Roar in the PGIs, and found the home team in terrific form, suffering defeat on all four rinks, losing 58-96 on aggregate.

The Sports found it hard to adjust to a surprisingly slow green that bowled, in the most part, with little width.

Agius' rink got a single on the first end, but fell 8 shots behind by the fifth, then took 10 ends to get back into the match, to lead by one after 15 ends.

The Sports increased

their lead to 4 shots with two ends remaining.

Penarth's four played a magic penultimate end to take 3 shots, and on the last end, the home skip's final wood promoted a home bowl to make 2 shots and win by 21-20; a somewhat poor return for the Sports who actually won more ends than they lost.

K Romans' rink had a poor first half, being down by 2-20 after 11 ends of fine home bowling, but improved to outscore their host over the last 10 ends, but not by enough, and eventually went down 11-25.

C Coomber's rink also won their fair share of ends, but the Penarth rink scored more heavily on the winning ends to see off the Sports by 26-14.

G Brown's rink fared similar to Coomber's, as after a sluggish start, they won nearly half the ends, but never scored more than 2 shots, whereas the home rink had a couple of 3s and a 5, to ease to a 24-13 victory.

Rink Scores: D Austin, R Gallivan, G Tricket, G Brown 13-24; A Fitt, B Knight, G Currie, C Coomber 14-26; M Stafford, P Holland, A

Collard, K Agius 20-21; A Thompson, D Davies, B Whyman, K Romans 11-25.

Sully Sports Man-of-the-Match: K Agius.

Next Saturday, July 27, Sully Sports host flyaway leaders Beaufort in the PGIs, and on Wednesday, July 31, host Rhooose in the Munro Cup.

The club has recently had to field weakened, inexperienced teams with the unavailability of several members due to holidays, minor ops, family functions etc, but has now got over its early season problem in fielding full teams with a slight increase in member numbers; but it's not too late for anyone to join, whether novices or veterans. Just turn up on Monday evenings for practice, or contact the club's secretary Peter Holland on 01446 622490.

MS

Cooke leads in Barry Chess Club championship

THE third round of the Barry Chess Club championship has just taken place.

Four games were completed with a further two matches postponed.

The first game to finish saw Peter Watkins putting pressure on and capturing a knight to win in 19 moves.

Shortly after that, a well-constructed attack with a queen, knight and bishop gave Ken Curry a win in only 14 moves.

Both Peter and Ken had a lot of practice last week in the South Wales International and they were both too sharp for their opponents.

The third finisher on the night was Sam White. He had been under pressure and probably should have lost until his opponent blundered a knight!

The last game was on top board where the two highest ranked players on the night, Tom Cooke and Michael O'Leary, fought a fiercely contested match that ended in a draw.

Tom had an extra pawn but his only major piece, a bishop, was

hemmed in, allowing Michael to force a repetitive position.

This is the first draw in this year's competition.

Tom leads the championship with 2.5 points from his three matches so far.

However, Dave Parsons and Martin Ricketts play one another next week and both have two points from two matches.

The Barry Chess Club meets at 7:30 pm each Monday at the West End Club, St Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night.

For more details visit our website at barrychessclub.yolasite.com

Phil Jones

Barry Rugby Club take a big step up

SERIOUS training has begun at Barry Rugby Club, preparing for life in Division One for the first time.

Training is held on Tuesday and Thursday evenings from 7pm.

Barry welcome both new and old players alike and anyone interested should turn up at the club and make contact with Joel Williams.

In preparation for the season, Barry have

arranged three warm up friendlies for August.

August 10 - Pontypool Utd - home; August 17 - Talywain - home; August 31 - Heol-y Cyw - away.

The club lottery rolls over to £4,850 this week after last week's numbers, 02-06-10 and 13, failed to produce a winner; no tickets matched three numbers.

AJ

Barrivale Bridge Club latest

HERE are the results for the Barrivale Bridge Club for July 16:

First, Adrian and Diana Trickey, 63.75 per cent; second, Tim Barsby and Mike Close, 58.75 per cent; three, Mark Roderick and Peter Millar, 55.83 per cent.

The handicap winners were Alan Rees and Peter Hunt.

New members at the club are always welcomed and a partner may

be arranged, if required. If you would like to join us, call 01446 418380, 01446 733425, 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday evening.

Classes and assisted play continues on Fridays at 10am at the Pioneer Hall and on Thursdays for assisted play from 1.30pm-4pm at the Barry Uniting Church, Heol y Llongau, Barry CF63 4AP.

LH

Barry schoolboy's ice dance success



AN 11-year-old Barry schoolboy has qualified for the British Ice Dance Championships in Sheffield for the second year running.

Taliesin Sherry, a year-6 pupil at Ysgol Gymraeg Sant Baruc, is coached by Tracey Keeble in Cardiff.

If any local businesses or organisations are interested in sponsoring Taliesin, they can contact the family at the following email: am-s@sky.com.

Queen songs.

He finished in second place overall, gaining his season best score for the free dance.

He has been skating since he was five and is coached by Tracey Keeble in Cardiff.

If any local businesses or organisations are interested in sponsoring Taliesin, they can contact the family at the following email: am-s@sky.com.

In the competition he completed a swing dance, a tango and his free dance to a medley of

com.

Llantwit ladies win at Penarth

WITH the sun shining the ladies at Llantwit Major Bowling Club played for the Harry and Joan Semmens Trophy.

Marilyn, our competition secretary had us on the green at 2.30pm prompt, playing a round robin format with three in a team. After a long afternoon an outright winner emerged and Carol, our president, presented the trophy to Kay, Dilys and Julie M.

Julie G, Marilyn and Carol were pipped at the runner-up post by one point as Rhos, Rosemary and Barbara took that trophy. Congratulations to all the ladies who took part and thank you Marilyn for a well run afternoon.

On Thursday, we travelled to Penarth Windsor for our last game with them this year. Joan, Margaret, Jenny and Dilys, although winning 10 of the 18 ends, lost 13-15. Conceding two fours during the game was their downfall.

Kay, Ann, Marilyn and Julie went into the lead from the start and a four on the 16th end ensured a comfortable win by 18-12.

Carol seemed to be playing for Penarth at the start of the game, giving away two ends, but she redeemed herself on the ninth putting her very patient team of Liz, Barbara and Etta into a lead which they held to the end, winning 20-17. Well done ladies. Thank you, Windsor ladies, for a lovely friendly game and the lovely tea.

CW



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Barry Town get a look at what lies ahead this season

BARRY Town's JD Welsh Premier League Phase One fixtures have been confirmed, with a local derby set for opening night, as the Jenner Park side make the short trip to top tier newcomers Penybont.

Rhys Griffiths' charges won Welsh League Division One by a 20-point margin to secure promotion and should provide a tough opening test for Barry in the S4C fixture on Friday, August 16 (8pm).

Barry's first home action arrives a week later, when JD Welsh Premier League ever-present Aberystwyth Town are the campaign's maiden visitors to Jenner Park in a 7.45pm kick-off.

On August Bank Holiday (August 26) Barry welcome Bala Town to Jenner Park (2.30pm), while fans are filling up a coach to Carmarthen Town for Friday, August 30 (7.45pm).

After hosting Caernarfon Town on Saturday, September 7 (2.30pm), Barry make a first-ever visit to Huws Gray Alliance champions

Airbus UK, who play at the distinctive airfield ground in Broughton, Flintshire.

The Wingmakers have been passing ships in the night for Barry, securing their inaugural Welsh Premier League promotion in 2004, the year of the Town's relegation to the Welsh League.

Then, as Barry sealed their top flight return in 2017, Airbus took a nosedive back to the second tier.

Managed by former Town player Steve O'Shaunessy, the former Welsh Premier League and Welsh Cup runners-up will make their first appearance at Jenner Park on Saturday, October 26 (2.30pm).

Among other games of note, Kilmarnock's European conquerors Connah's Quay Nomads come to Barry on November 10, while champions The New Saints visit on December 14.

While the Town's Welsh Cup commitments begin at the Third Round stage in December, Barry's first opponents in the expanded, 46-team Nathaniel MG Cup competition have already been determined.

Barry will head west

to Haverfordwest county on Saturday, August 10 (2.30pm), in a second round tie that must be settled on the day.

Barry's pre-season friendlies continue when they host Llanelli Town on Saturday, July 27 (2.30pm) before back-to-back home matches with Swansea City and Hedsnesford Town on August 2 and 3 respectively.

Latest signings Keyon Reffell and Eli Phipps are expected to be on show as the club's pre-season rolls on, with the duo arriving to bolster the team's attacking options for the demanding campaign ahead.

Phipps (21) spent over a decade in Cardiff City's youth set-up, enjoying a stint on loan at Gloucester City, before joining Colchester United and spending last year at Weston-Super-Mare.

Reffell (28) meanwhile arrives from Hereford and has also worn the colours of Kidderminster Harriers and Merthyr Town, linking up with Barry forward Kayne McLaggan in his time at Penydarren Park.

Ashley Cox

Centurions claim a good victory in derby match

SULLY Centurions First XI hosted near neighbours Dinas Powys and won comfortably by eight wickets.

Skipper Rhett Jones won the toss and ask the visitors to bat. After opening bowlers Nathan Cuddihy and Lloyd Bruce had frustrated the Dinas Powys batsmen, Jones came on and took two wickets to start the demolition job.

Then, after the visitors had reached 74 for two, brothers Jake and Ricki Griffett took two wickets each to leave Dinas reeling at 82 for six.

A partnership of 25 for the seventh wicket between Harris and Marlow was broken when Marlow fell to Ricki Griffett for three.

The last three wickets fell cheaply, and the innings came to close in the 42nd over with Dinas all out for 133.

Harris (27) and DiMauro (34) top scored for the visitors. Ricki Griffett (4-22) and Jake Griffett (3-11) did the damage for Centurions.

In reply Rhett Jones raced to a half century and opening partner Dan Chaulk hit 35 before both departed within a few balls of each other.

It was left to Gethin Hicks (15) and Calum Thomas (24) to see Sully home in the 24th over, without any further loss of wickets.

Sully Centurions 135-2, Dinas Powys 133 all out.

This Saturday, Centurions First XI face table topping Vale CC at Burnham Avenue, while the Second XI travel to take on the Vale Second XI in the reverse fixture.

All players are asked to let their captains know their availability.

MF

Barry Island 10k organisers delighted as event is a sell out



The scene recently at Porthcawl, where the Healthspan 10K made its debut and met with an enthusiastic response.

THE ABP Barry Island 10K is sold-out – organisers say entries spiked after the success of the recent event in Porthcawl.

The run takes place on Sunday, August 4 and is the final leg of a four-race series.

A total of 3,300 runners will take part in the Barry leg.

The race forms part of the Healthspan Wales 10K Series.

The series includes four 10K races with varied courses across four great Welsh locations – at the Brecon Carreg Cardiff Bay Run, ABP Newport Wales 10K, all-new Healthspan Porthcawl 10K

and the ABP Barry Island 10K.

Race director Steve Brace said: "To sell out for a second year really shows the appetite for running in Barry and the surrounding region."

Last year was a real festival of running but this year we are hoping to make the event bigger and better at one of south Wales' iconic locations."

There will be family events on the seafront including a family fun run and toddler dash.

The 10K starts at 10am, but people are advised to park by 8.30am because road closures will be in place on the day.

Good win for Penarth Windsor

AFTER last week's victory over St Fagans, the Penarth Windsor PG1 team travelled to face Llantrisant.

Although boosted by the return of three of their best bowlers, captain Eddie and his men were sure that they would face a tough struggle.

Such fears proved unfounded as the Windsor men won by 20 shots, gaining 12 valuable points and moving into mid-table.

Top honours this week go to Matt Woodcock who, with Matthews, Gooding and Minty Turnbull, won by 27 shots to 14.

There were also wins for Morrish, Williams, Stevens and Carlisle 15-13, and for Ellard, Palfrey, Rees and McLeod 20-14. Rod Hudson with Evans, Thorne and Hope, suffered a last end defeat

going down by a single shot.

Not to be outdone, the PG2 side also took 12 points at home to St Fagans. Leading the way were Johnson, Davies A, Cucciniello and Lewis with a 34-9 victory. There were also wins for Peregrine, King, Woodcock A and Davies D, 26-11 and for Mathias, Brenton, Hales and Latham 17-15. There was just one loss to report: Ellis, Parker, Rogers and Howells who went down 9-16. For the team, it was a win by 86 to 51.

Completing a super week, the Alliance team beat a strong Cardiff Sophia Gardens side by 70-57. White, Brenton, King and Williams 22-7. Dacey, Ellis, Morris and Latham 14-16. Peregrine, Armstrong, Evans and Howells 12-19. Davies A, Rogers, Daniel and Cucciniello 22-15. **PM**

THE last week's results at the club have produced conflicting fortunes for the teams.

It is very pleasing to report that the ladies have returned to winning ways.

On July 16, the match against Penarth Windsor played at the Central green saw the club team win on one rink, losing on the other.

However, by virtue of a greater collective shot score, the Central ladies won the match.

The weather remained bright and warm for the Central's next home match, on July 18 against Gllfach Goch ladies.

The game turned out to be a close affair, as the visitors turned out to be a good team.

Once again the Central ladies won on both rinks, therefore

winning the game overall. The Central ladies have games against Cadoxton ladies and Llanbradach ladies this week.

Unfortunately, after some very good game results of late the week's results were very disappointing. On July 17 the club team travelled to Dinas Powys to play its Munro Cup fixture.

The Central players did not expect to win against such strong opponents. However, the scores at the end of the game left the Central players a lot to ponder over. Two rinks gave quite good accounts of themselves, but once again, as in previous games, two rinks lost heavily.

Club players accepted that the Dinas players were superior in playing ability, being able to make difficult ends easily winnable.

July 20 saw a visit to

the club of Roath Park.

This was a game the club expected to win. While the game was played in generally good spirits, the club team managed to lose the game by six shots.

The club won on two rinks, with the other two rinks sadly losing quite heavily.

It is very difficult at times to achieve a good team spirit, when one is aware of rink scores as the game progresses.

A great deal of pressure is placed on rinks that are winning to improve matters. Sad to say the team prior to this game was the league leader – I imagine that this has now altered.

This week will see the mid-week team play Barry Romilly at home, followed by Caerphilly at home on Saturday.

BC

Changing fortunes for Barry Central bowlers

Cadoxton Bowling Club find Sully are tough opposition in Munro Cup

CADOXTON Bowls Club took on Sully in the Munro Cup at home on July 17.

Rink scores: E Heppenstall, G Goddard, W Craven, H Craven 18 – A Kelly, M Levick-Jones, J Best, T Murphy 14; G Solomon, M Curtis, E Palmer, J Davies 10 – K Mahoney, E Pryer, D Hotchkiss, D Edwards 32; A Prince, A Ralphs, J Papoutsou, D Jeffries 10, R Fitzjohn – R Nethercote, P Neale, A Thomas 17; J Stacey, K Davies, M Hurley, I Heppenstall 17 – H Thomas, B Dascombe, A Rees, C Williams 13. **Final score 55 - 76.**

The match against Sully started well for Cadoxton. After five ends, three of the rinks held the lead. Derek Jeffries skipped the other one, and trailed 6-0 early, but levelled after seven ends.

However, the visitors took command with seven wins out of the following eight ends. The final three ends brought success for the home side, but too late to make an impression. Jim Davies' rink started off with an 8-5 lead after six ends, but with just two further singles during the game the visitors took full control and included a maximum '8'.

The other two rinks fared better. Howard Craven skipped his rink to a 5-2 advantage, nevertheless three ends later they trailed 5-7. Once again, they opened a gap in their

favour, reaching an 18-11 advantage before losing three singles to finish.

Ian Heppenstall's rink raced to an 8-0 advantage after five ends.

During the next five, two counts of '3' were conceded, but they held the supremacy with further success on the next four ends giving them a 17-7 advantage.

The visitors finally came good, winning the final four ends, but too late to affect the result.

July 20 - Cadoxton v Murch Friendly - Away.

Rink scores: E Heppenstall, D Jenkins, W Craven, H Craven 16 – A Kelly, M Levick-Jones, J Best, T Murphy 17; G Solomon, E Davies, P Ellis, K Chedgoy 13 – K Mahoney, E Pryer, D Hotchkiss, D Edwards 17; A Prince, J Papoutsou, J Davies, D Jeffries 12 – R Fitzjohn, R Nethercote, P Neale, A Thomas 16; J Stacey, K Davies, M Hurley, I Heppenstall 19 – H Thomas, B Dascombe, A Rees, C Williams 17.

A gap in the fixture list was covered by a friendly away to Murch.

Howard Craven conceded a '2' on the final end to lose by one shot, on his rink. Ian Heppenstall's rink scored a '3' on the last end to win by two.

Kelvin Chedgoy also skipped his rink to a close decision, losing by four shots. Meanwhile, Derek Jeffries' rink was making a come-back from 12-5 down, to lose, by just four shots.

DK